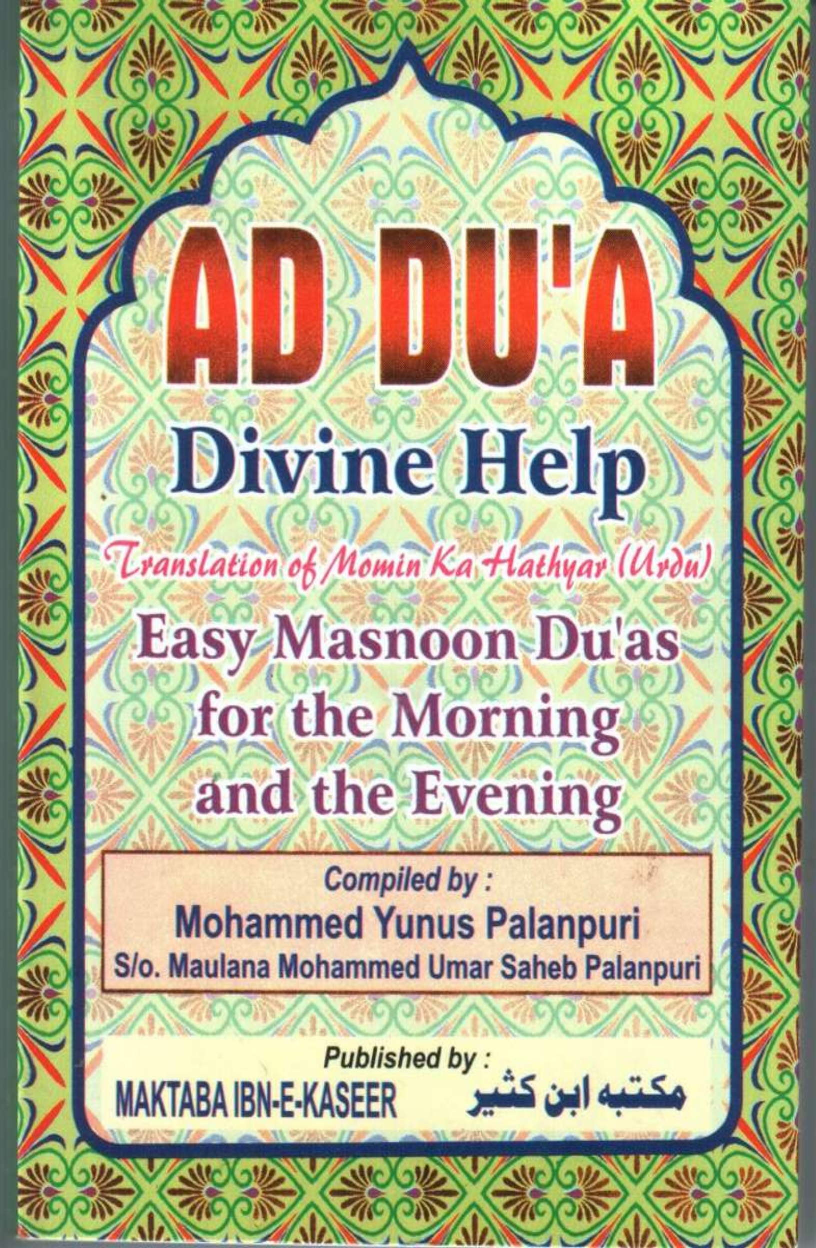

AD DU'A
Divine Help
Translation of Momin Ka Hathyar (Urdu)
Easy Masnoon Du'as
for the Morning
and the Evening
Compiled by :
Mohammed Yunus Palanpuri
S/o. Maulana Mohammed Umar Saheb Palanpuri
Published by :
MAKTABA IBN-E-KASEER
مکتبہ ابن کثیر

AD DU'A
DIVINE HELP

(Translation of Momin Ka Hathiyar (Urdu)

Beautiful Names of Allah

Easy *Masnoon* *Du'as* for the Morning and the Evening

Ayaat-e-Sakina

Munjiyaat

Manzil

Ayaat for Protection

Ayaat for Healing

Compiled by
Mohammad Yunus Palanpuri
S/o. Maulana Mohammad Umar Saheb Palanpuri

Change My Heart

A Plea to Allah for Taufiq & Forgiveness

Wash all the filth away & change my dead heart, }2x
Make me alive again, give me a fresh start,
So change my heart please & wash the filth away, }2x
Don't leave me drowning here alone & astray,
I spent my life running away from You, }2x
And now I have nowhere to turn except You,
I turn to You and begging you to be saved }2x
and change me into an obedient slave...
Wash all the filth away & change my dead heart,
Make me alive again, give me a fresh start,
I have been doing all my life what I craved, }2x
Shaytaan & Nafs have always held me enslaved,
I am ashamed that I have broken Your rules, }2x
Worshipped my Nafs & a few ignorant fools, }2x
But now I know the path leading me to Thee,

I bow to You am asking You to help me...
Wash all the filth away & change my dead heart,
Make me alive again, give me a fresh start,
I wish Your name to be engraved in my heart, }2x
I will be grateful to You, change this dead heart,
My heart is dark & so my eyes remain dry,
Hypocrisy & Hubris won't let me cry...
I am at Your door and begging You, let me in,
Don't push me back to my hopeless life of sin,
I am at Your door and begging You, let me in,
Don't push me back to my hopeless life of sin...
So change my heart & forgive my sins this day,
Don't leave me drowning here alone & astray,
So change my heart & forgive my sins this day,
Don't leave me drowning here alone & astray...
Wash all the filth away & change my dead heart,
Make me alive again, give me a fresh start,
Wash all the filth away & change my dead heart,
Make me alive again, give me a fresh start...!

Preface

Those people who do not have the capability to read the *Masnoon du'as* (invocations derived from the tradition of the Prophet Muhammad ﷺ) in Arabic, can, indeed, achieve closeness to Allah (*Sub-hanahu wa ta'ala*) by invoking Him through reading their translation, and *Insha-Allah*, they will get reward for it. In this way they are acting upon the decree of Allah that "ادْعُوْنِي" "invoke Me" (regarding everything). Further more they are also acting upon a Hadith "اَلدُّعَاءُ مُخُّ الْعِبَادَةِ" "*Du'a* (invocation) is the essence of every prayer or worship". Since these invocations have been reported on the authority of the Prophet (ﷺ), they are comprehensive and free from any kind of error or disrespect. Therefore, even those who can read Arabic language must occasionally read their translation to grasp the meaning of the invocations to know for what they are invoking Allah. Then this invocation would be real invocation. (*Allah knows better*)

Mohammad Yunus Palanpuri

O Allah! Accept the efforts of all of those who have participated in the publication of this book in their various capacities and grant their legitimate wishes. *Amen*

اَللّٰهُمَّ اغْفِرْ لِلْمُؤْمِنِيْنَ وَالْمُؤْمِنَاتِ وَالْمُسْلِمِيْنَ وَالْمُسْلِمَاتِ
اَلْاَحْيَاءِ مِنْهُمْ وَالْاَمْوَاتِ بِرَحْمَتِكَ يَا اَرْحَمَ الرّٰحِمِيْنَ۔ اٰمِيْن

<u>**Translation**</u>: O Allah! forgive all the believing men and women, and Muslim men and women, alive of them and dead, O Most Merciful of (all) those who show mercy. *Amen*

- Recite every Du'a (invocation) with trust and summoning.
- The benefit of the invocations depends on execution of *Faraidh* (obligatory duties in Islam). None of the *Nawafil* (recommended prayers etc.) could replace the *Fardh* (obliagatory duty). Therefore, it is mandatory to fulfil all the *Faraidh* in the first place.

CONTENT

INVOCATIONS FOR THE MORNING

INVOCATIONS FOR THE EVENING

INVOCATIONS FOR THE MORNING

It is preferable that the invocations of the morning should be completed in between the time period from dawn to the rising of the sun.

Note: It is permitted that the invocations of the morning should be recited in between the duration from dawn to the beginning of the noon.

بِسْمِ اللّٰهِ الرَّحْمٰنِ الرَّحِيْمِ ○

In the name of Allah, the Most Beneficial, the Most Merciful.

1 The Prophetic method for getting benefit in every matter

(Recite thrice Surah Ikhlaas, Surah Falaq, Surah Naas)

SURAH IKHLAAS

بِسْمِ اللّٰهِ الرَّحْمٰنِ الرَّحِيْمِ ○

قُلْ هُوَ اللّٰهُ اَحَدٌ ① اَللّٰهُ الصَّمَدُ ② لَمْ يَلِدْ ۙ

وَلَمْ يُوْلَدْ ۝٣ وَلَمْ يَكُنْ لَّهٗ كُفُوًا اَحَدٌ ۝٤

Translation:

In the name of Allah, the Most Beneficial, the Most Merciful.
1. Say: He is Allah, the One and Only; 2. Allah, the Eternal, Absolute; 3. He begets not, nor is He begotten; 4. And there is none like unto Him.

SURAH FALAQ

بِسْمِ اللّٰهِ الرَّحْمٰنِ الرَّحِيْمِ ○

قُلْ اَعُوْذُ بِرَبِّ الْفَلَقِ ۝١ مِنْ شَرِّ مَا خَلَقَ ۝٢
وَمِنْ شَرِّ غَاسِقٍ اِذَا وَقَبَ ۝٣ وَمِنْ شَرِّ النَّفّٰثٰتِ
فِى الْعُقَدِ ۝٤ وَمِنْ شَرِّ حَاسِدٍ اِذَا حَسَدَ ۝٥

Translation:

In the name of Allah, the Most Beneficial, the Most Merciful.
1. Say: I seek refuge with the Lord of the Dawn. 2. From the mischief of created things; 3. From the mischief of Darkness as it overspreads; 4. From the mischief of those who practise secret arts; 5. And from the mischief of the envious one as he practises envy.

SURAH NAAS

بِسْمِ اللّٰهِ الرَّحْمٰنِ الرَّحِيْمِ ○

قُلْ اَعُوْذُ بِرَبِّ النَّاسِ ۙ﴿۱﴾ مَلِكِ النَّاسِ ۙ﴿۲﴾ اِلٰهِ النَّاسِ ۙ﴿۳﴾ مِنْ شَرِّ الْوَسْوَاسِ ۙ الْخَنَّاسِ ۙ﴿۴﴾ الَّذِيْ يُوَسْوِسُ فِيْ صُدُوْرِ النَّاسِ ۙ﴿۵﴾ مِنَ الْجِنَّةِ وَالنَّاسِ ﴿۶﴾

Translation:

In the name of Allah, the Most Beneficial, the Most Merciful.

1. Say: I seek refuge with the Lord and Cherisher of Mankind, 2. The King (or Ruler) of Mankind, 3. The God (or judge) of Mankind,- 4. From the mischief of the Whisperer (of Evil), who withdraws (after his whisper),- 5. (The same) who whispers into the hearts of Mankind,- 6. Among Jinns and among men.

Virtue: Whoever would recite Surah Ikhlaas, Surag Falaq, Surah Naas, three times in the morning, he would be benefitted in every thing.

---

2 The Prophetic method for getting benefit in the Life and the Hereafter

(Recite 7 times)

"حَسْبِيَ اللّٰهُ لَآ اِلٰهَ اِلَّا هُوَ عَلَيْهِ تَوَكَّلْتُ وَهُوَ رَبُّ الْعَرْشِ الْعَظِيْمِ"

Translation: I have placed my hope in Him and He is the Owner of the Glorious Throne.

Virtue: Whoever would recite the above mentioned invocation seven times, he would be benefited in the matters of the life and in the Hereafter. (*Amal Al-Yaum wal-Lailah* by Ibnus Sunni, p. 38; Abu Dawood 4/321: *Jayyed*)

Note: Recitation of above mentioned Du'a sincerely or insincerely will remove problems.

(Hayatus Sahaba 3/342-343)

3 The Prophetic method for getting redemption from *Jahannam* (Hell)

(Recite 4 times)

اَللّٰهُمَّ اِنِّيْ اَصْبَحْتُ اُشْهِدُكَ وَاُشْهِدُ حَمَلَةَ عَرْشِكَ وَمَلَآئِكَتَكَ وَجَمِيْعَ خَلْقِكَ اَنَّكَ اَنْتَ اللّٰهُ لَآ اِلٰهَ اِلَّا اَنْتَ

وَحْدَكَ لَا شَرِيْكَ لَكَ وَاَنَّ مُحَمَّدًا عَبْدُكَ وَرَسُوْلُكَ "

Translation: O Allah! I begin my morning with making you a witness, and making angels, who hold on the Heavens, as witness, and all Your angels and all Your creations. You are the only Allah and there is no *Ilah* (someone worthy of worship) except You. You are Alone and You have no partner and it is definitive that Muhammad (peace be upon him) is your slave and the Prophet.

Virtue: Whoever would recite the above mentioned invocation four times in the morning, Allah would give him redemption from Hell. (Abu Dawood 4/318, Bukhari *fi'Adab al-Mufrad*:120)

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4 The Prophetic remedy to accomplish the providence of Allah

(Recite 3 times)

"اَللّٰهُمَّ اِنِّيْٓ اَصْبَحْتُ مِنْكَ فِيْ نِعْمَةٍ

وَعَافِيَةٍ وَّسِتْرٍ فَاَتِمَّ عَلَىَّ نِعْمَتَكَ وَعَافِيَتَكَ وَسِتْرَكَ فِى الدُّنْيَا وَالْاٰخِرَةِ"

Translation: O Allah! I begin my morning with Your blessings, safety, and Your concealing of my sins. Therefore, complete Your blessings, peace and concealing of my sins in this world and in the Hereafter.

Virtue: Whoever recites this Du'a three times in the morning, Allah complete His favour on him. (*Amal Al-Yaum wal Lailah* by Ibnus Sunni, p. 55)

---

5 The Prophetic remedy for offering thanks to Allah for His blessings of the day and the night (Recite once)

"اَللّٰهُمَّ مَآ اَصْبَحَ بِیْ مِنْ نِّعْمَةٍ اَوْ بِاَحَدٍ مِّنْ خَلْقِكَ فَمِنْكَ وَحْدَكَ لَاشَرِيْكَ لَكَ فَلَكَ الْحَمْدُ وَلَكَ الشُّكْرُ"

Translation: O Allah! Whatever blessings I have or all the other creatures of Yours have, that is bestowed only by You. And there is no partner

of Yours (in their creation). Therefore, all praises and thanks are due to You.

Virtue: Any person who recite this Du'a in the morning has offered thanks to Allah for His blessings of that day and that night.

(Abu Dawood 4/318)

6 The Prophetic remedy to attain the Pleasure of Allah (Recite 3 times)

"رَضِيْتُ بِاللّٰهِ رَبًّا وَّبِالْإِسْلَامِ دِيْنًا وَّبِمُحَمَّدٍ صَلَّى اللّٰهُ عَلَيْهِ وَسَلَّمَ نَبِيًّا"

Translation: I am happy for being a Muslim, for being a follower of Islam and with the Prophethood of the Muhammad (peace be upon him).

Virtue: Whoever recites this invocation thrice in the morning, Allah makes him glade.

(Tirmidhi 3/141, Ahmed 4/338)

7 The Prophetic remedy for asking blessings of this world and Hereafter

(Recite once)

"يَاحَيُّ يَاقَيُّوْمُ بِرَحْمَتِكَ أَسْتَغِيْثُ

اَصْلِحْ لِىْ شَأْنِىْ كُلَّهٗ وَلَا تَكِلْنِىْ اِلٰى نَفْسِىْ طَرْفَةَ عَيْنٍ "

Translation: O the One, Who is Ever-living and Who is sustaining all His creations! I ask for Your help through Your Mercy and that you set right my condition and do not give me in possession of my *nafs* (disposition) even for a single wink.

Virtue: Any person who recites this invocation, has sought all the blessings of this world and the Hereafter. (Hakim: it is *Sahih*. Dhahbi agreed with him. See *At-Targheeb wat-Tarheeb*, 283)

Note: The Holy Prophet (peace be upon him) recommended this invocation to his daughter Fatimah (R.A.). (Baihaqi from Anas)

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8 The Prophetic remedy from unexpected troubles (Recite thrice)

" بِسْمِ اللّٰهِ الَّذِىْ لَا يَضُرُّ مَعَ اسْمِهٖ شَىْءٌ فِى الْاَرْضِ وَلَا فِى السَّمَآءِ وَهُوَ السَّمِيْعُ الْعَلِيْمُ "

Translation: I begin my morning with the Name of Allah. Due to His blessed name, nothing can cause any harm, neither on this earth nor in the heaven. He is All-Hearing and All-Knowing.

Virtue: Whoever recites this invocation thrice, he will not be harm by any thing and it is narrated in a Hadith of Abu Dawood that calamity will not fall upon him.

(Abu Dawood, Tirmidhi: It is *Hasan Sahih*)

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9 When waiting for news (Recite once)

اَللّٰهُمَّ إِنِّيْ أَسْئَلُكَ مِنْ فُجَاءَةِ الْخَيْرِ
وَأَعُوْذُ بِكَ مِنْ فُجَاءَةِ الشَّرِّ۔"

Translation: O Allah! I ask for unexpected good and I seek refuge in You from unexpected evil.

Virtue: Recite the above mentioned invocation when one may get some news or something new is going to happen. It is narrated in Hadith that the Holy Prophet (peace be upon him) used to

recite this invocation in the morning.

(Kitabul Azkaar, p. 104)

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⑩ The Prophetic remedy to say praises of Allah and exalting Him (Recite thrice)

"سُبْحَانَ اللهِ وَبِحَمْدِهِ عَدَدَ خَلْقِهِ وَ
رِضَا نَفْسِهِ وَزِنَةَ عَرْشِهِ وَمِدَادَ كَلِمَاتِهِ"

Translation: I exalt Allah in the words that suit His status, and I praise Allah in a number of times equal to His creations, equal to that which could make Him please (with me), equal to the weight of His Heavens and equal to the number of His Words.

Recite thrice the above mentioned invocation in the morning. (Muslim 4/2090)

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⑪ The Prophetic remedy for getting relief from the body ailment (Recite thrice)

اَللّٰهُمَّ عَافِنِیْ فِیْ بَدَنِیْ، اَللّٰهُمَّ عَافِنِیْ فِیْ
سَمْعِیْ، اَللّٰهُمَّ عَافِنِیْ فِیْ بَصَرِیْ لَاۤ اِلٰهَ اِلَّا

اَنْتَ، اَللّٰهُمَّ اِنِّیْۤ اَعُوْذُبِكَ مِنَ الْكُفْرِ وَالْفَقْرِ
وَاَعُوْذُبِكَ مِنْ عَذَابِ الْقَبْرِ لَاۤ اِلٰهَ اِلَّاۤ اَنْتَ

Translation: O Allah! Keep my body in good health, keep my ears in your protection, keep my eyes in your protection, there is none to be worshipped but You. I seek refuge in You from *Kufr* (disbelief) and dependency. I seek refuge in You from the ordeal of grave. There is none to be worshipped but You.

Virtue: Recite the invocation thrice in the morning. Whoever would recite this invocation, it is hoped that Allah will grant him every kind of peace.

Read the translation of the invocation with devotion. (Abu Dawood, Ibn Maja 3/142)

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12 The Prophetic remedy to get protection from the whispers of Satan (Recite once)

"اَللّٰهُمَّ فَاطِرَ السَّمٰوٰتِ وَالْاَرْضِ عَالِمَ
الْغَیْبِ وَالشَّهَادَةِ رَبَّ كُلِّ شَیْءٍ

وَمَلِيْكَهٗ اَشْهَدُ اَنْ لَّآ اِلٰهَ اِلَّآ اَنْتَ اَعُوْذُ بِكَ مِنْ شَرِّ نَفْسِيْ وَمِنْ شَرِّ الشَّيْطَانِ وَشِرْكِهٖ وَاَنْ اَقْتَرِفَ عَلٰى نَفْسِيْ سُوْٓءًا اَوْ اَجُرَّهٗ اِلٰى مُسْلِمٍ۔"

Translation: O Allah! The Creator of the earth and the heavens, the Knower of all that is apparent and hidden, the Sustainer of all the things and Real Master of all (creatures). I give witness that none has the right to be worshipped but You. I seek refuge in You from the evil of my *Nafs* (disposition) and the evil of *Shaitaan* (Satan) and from the evil act that I may commit which may plagued my *Nafs* (disposition) or that I may inflict any evil on any Muslim (brother).

Virtue: Any person who recites this invocation in the morning, he will be protected from the whispers of *Shaitaan* (Satan).

(Abu Dawood, Tirmidhi 3/142)

13 Invocation for the entrance into *Jannah* (Paradise) (Recite once)

"اَللّٰهُمَّ اَنْتَ رَبِّیْ لَآ اِلٰـهَ اِلَّآ اَنْتَ خَلَقْتَنِیْ وَاَنَا عَبْدُكَ وَاَنَا عَلٰی عَهْدِكَ وَوَعْدِكَ مَا اسْتَطَعْتُ اَعُوْذُ بِكَ مِنْ شَرِّ مَا صَنَعْتُ اَبُوْٓءُ لَكَ بِنِعْمَتِكَ عَلَیَّ وَاَبُوْٓءُ لَكَ بِذَنْبِیْ فَاغْفِرْلِیْ فَاِنَّهٗ لَا یَغْفِرُ الذُّنُوْبَ اِلَّآ اَنْتَ."

Note: In some narrations, "*Abu-o bizambi*" occurred. But compiler of this book has sighted the narration of Sahih Bukhari.

__Translation__: O Allah! You are my only Sustainer. There is no god but You. You have created me and I am Your slave. I am standing firm up to my capabilities on my promises that I made to you. I seek refuge in You from evil action that I committed, I acknowledge Your bounties

that You bestowed on me. And I admit my mistakes. Forgive my sins since there is no one to forgive me except You.

Virtue: Whoever recites the above mentioned invocation in the morning with trust and if he died on that day, he will be entered in Paradise.

(Bukhari: 11/97-98)

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14 Invocation for attaining all kind of peace

(Recite once)

اَللّٰهُمَّ اِنِّیْ اَسْئَلُكَ الْعَفْوَ وَالْعَافِيَةَ فِی الدُّنْيَا وَالْاٰخِرَةِ، اَللّٰهُمَّ اِنِّیْ اَسْئَلُكَ الْعَفْوَ وَالْعَافِيَةَ فِیْ دِيْنِیْ وَدُنْيَایَ وَاَهْلِیْ وَمَالِیْ، اَللّٰهُمَّ اسْتُرْ عَوْرَاتِیْ وَاٰمِنْ رَوْعَاتِیْ، اَللّٰهُمَّ احْفَظْنِیْ مِنْ بَيْنِ يَدَیَّ وَمِنْ خَلْفِیْ وَعَنْ يَمِيْنِیْ وَعَنْ شِمَالِیْ وَمِنْ فَوْقِیْ وَاَعُوْذُ بِعَظْمَتِكَ اَنْ اُغْتَالَ مِنْ تَحْتِیْ

<u>Translation</u>: O Allah! I ask for peace in this world and in the Hereafter. O Allah, I ask for forgiveness and safeguarding of my *Deen* (Islam), peace in my family, and in my wealth. O Allah cover up my mistakes and remove fear from me. O Allah, protect me from my front and my behind, from left and right and from above and below. I seek shelter in Your Greatness from being killed from my below.

Virtue: The Holy Prophet (peace be upon him) never abandoned the recitation of this invocation. It is a remedy to achieve all kind of peace and security.

(Abu Dawood, Ibn Majah 2/332)

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(15) Invocation for the dissipation of grief and payment of the debts (Recite once)

"اَللّٰهُمَّ اِنِّيْ اَعُوْذُ بِكَ مِنَ الْهَمِّ وَالْحَزَنِ وَاَعُوْذُ بِكَ مِنَ الْعَجْزِ وَالْكَسَلِ، وَاَعُوْذُ بِكَ مِنَ الْجُبْنِ وَالْبُخْلِ، وَاَعُوْذُ بِكَ

مِنْ غَلَبَةِ الدَّيْنِ وَقَهْرِ الرِّجَالِ"

Note: Both recitation *i.e.*, "*al-hazan*" or "*al-huzn*" are correct.

Translation: O Allah! I seek refuge in You from distress and sorrow, from discourage and indolence. I seek refuge in You from cowardice and miserliness, and from debts and oppression of the people.

Virtue: The person who recites this invocation in the morning, will get respite from his grief.

(Abu Dawood: *Bab fil-Isti'azah*)

16 Invocation for asking beneficial knowledge and pure (legitimate) sustenance (Recite once)

اَللّٰهُمَّ اِنِّيْٓ اَسْئَلُكَ عِلْمًا نَّافِعًا وَّرِزْقًا طَيِّبًا وَّعَمَلًا مُّتَقَبَّلًا"

Translation: O Allah! I ask for knowledge which is beneficial, sustenance which is pure (*i.e.*, earning from legal means) and action

which is acceptable (for You).

(Ibn Majah 1/152, Sahih Al-Zawaid 10/111)

(Recite once in the Fajr Salah after Salaam).

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17 Invocation for redemption from *Jahannam* (Hell) (Recite 7 times)

"اَللّٰهُمَّ اَجِرْنِيْ مِنَ النَّارِ"

<u>Translation</u>: O Allah! Save me from the Fire of Hell.

Virtue: Recite this invocation seven times soon after the completion of *Fajr* prayer before talking to anyone. If died on that day, he will get redemption from Hell.

(Abu Dawood, Nasai and Ibn Hibban)

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18 Invocation to get bounties from Allah according to the status that suits Him

(Recite once)

"يَارَبِّ لَكَ الْحَمْدُ كَمَا يَنْبَغِيْ لِجَلَالِ وَجْهِكَ وَعَظِيْمِ سُلْطَانِكَ"

Translation: O Lord! All praises are due to You. The praises which suit Your Glory, and Your Greatness of dominance.

Virtue: When a servant of Allah recites the above mentioned invocation, He (*azza-wa-jal*) will give him rewards according to the status that suits Him. (Ahmed and Ibn Majah)

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19 Invocation for redemption from troubles
(Recite once)

اَللّٰهُمَّ اَنْتَ رَبِّيْ لَآ اِلٰهَ اِلَّآ اَنْتَ، عَلَيْكَ تَوَكَّلْتُ وَاَنْتَ رَبُّ الْعَرْشِ الْعَظِيْمِ، مَاشَآءَ اللّٰهُ كَانَ وَمَا لَمْ يَشَأْ لَمْ يَكُنْ وَلَا حَوْلَ وَلَا قُوَّةَ اِلَّا بِاللّٰهِ الْعَلِيِّ الْعَظِيْمِ، اَعْلَمُ اَنَّ اللّٰهَ عَلٰى كُلِّ شَيْءٍ قَدِيْرٌ، وَاَنَّ اللّٰهَ قَدْ اَحَاطَ بِكُلِّ شَيْءٍ

عِلْمًا، اَللّٰهُمَّ اِنِّیْ اَعُوْذُبِكَ مِنْ شَرِّ
نَفْسِیْ وَمِنْ شَرِّ كُلِّ دَآبَّةٍ اَنْتَ اٰخِذٌ
بِنَاصِيَتِهَا اِنَّ رَبِّیْ عَلٰی صِرَاطٍ مُّسْتَقِيْمٍ"

Translation: O Allah! You are my Cherisher and Sustainer. There is no god except You. I have placed my reliance in You. You are the Owner of great heavens. Whatever He likes to happen, it comes into being and whatever He do not like to happen, it do not come into being. We get power of doing good deeds and avoiding sins from Allah, Who is the Highest and Greatest. I have faith that Allah have the Dominance over everything and that His knowledge encompasses everything. O Allah! I seek refuge in You from evil of my *Nafs* (disposition) and the evil of every animal whose forehead is under Your control. Indeed, my Lord is on the Straight Path.

Virtue: Any person who recites this invocation in the beginning of the day, he will not get any harm till evening. (Ibnus-Sunni and Abu Dawood)

⑳ Invocation to achieve the best sustenance and to get protection against evil

(Recite once)

"مَاشَآءَ اللّٰهُ لَاحَوْلَ وَلَاقُوَّةَ اِلَّابِاللّٰهِ اَشْهَدُ اَنَّ اللّٰهَ عَلٰى كُلِّ شَیْءٍ قَدِیْرٌ"

Translation: Whatever Allah wills, it happens. The source of power for protecting oneself from evil and of doing good things is Allah. Allah is All-Dominant over everything.

Virtue: Any person who recites the invocation in the morning will be bestowed with the best of the sustenance and protected from evil.

(Ibnus-Sunni, Kanzul Ummal 2/106)

㉑ Invocation to enter paradise with the assistance of the Prophet ﷺ (Recite once)

"رَضِیْتُ بِاللّٰهِ رَبًّا وَّبِالْاِسْلَامِ دِیْنًا وَّبِمُحَمَّدٍ صَلَّى اللّٰهُ عَلَیْهِ وَسَلَّمَ نَبِیًّا"

Translation: I am pleased for being a Muslim, for being a follower of Islam and with the Prophethood of the Muhammad (ﷺ).

Virtue: A person who recites it once in the morning, the Prophet (peace be upon him) would let him enter Paradise by holding his hand. (Tabrani: *hasan* chain; Al-Matjer Ar-Rabeh fi Thawabil Amal, p. 312; Bikhre Moti 4/35)

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22 Invocation which is substitute for the discontinuity of making *Zikr* (Recite once)

فَسُبْحٰنَ اللّٰهِ حِيْنَ تُمْسُوْنَ وَحِيْنَ تُصْبِحُوْنَ ○ وَلَهُ الْحَمْدُ فِي السَّمٰوٰتِ وَالْاَرْضِ وَعَشِيًّا وَّحِيْنَ تُظْهِرُوْنَ ○ يُخْرِجُ الْحَيَّ مِنَ الْمَيِّتِ وَيُخْرِجُ الْمَيِّتَ مِنَ الْحَيِّ وَيُحْيِ الْاَرْضَ بَعْدَ مَوْتِهَا ط وَكَذٰلِكَ تُخْرَجُوْنَ ○ (Surah Rome: 17-19)

<u>Translation</u>: **17.** So (give) glory to Allah, when you reach eventide and when you rise in the morning; **18.** Yes, to Him be praise, in the heavens and on earth; and in the late afternoon and when the day begins to decline. **19.** It is He Who brings out the living from the dead, and brings out the dead from the living, and Who gives life to the earth after it is dead: and thus shall you be brought out (from the dead).

Virtue: It is a substitute for the discontinuity of making *Zikr* (Remembrance) once in the morning. (Abu Dawood)

It is narrated in Musnad Ahmed that the Prophet (peace be upon him) asked, "May I tell you why Allah called Hazrat Ibrahim (peace be upon him) as *Khaleel*? Because he used to recite these words till '*Tuzhiroon*'.

(Tafsir Ibn Kathir 4/166)

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23 To be safeguarded from every kind calamity (Recite once)

Recite once in the morning the following first three Ayats of Surah Momin after Ayatul Kursi.

Ayatul Kursi

اَللّٰهُ لَآ اِلٰهَ اِلَّا هُوَ ۚ اَلْحَیُّ الْقَیُّوْمُ ۚ
لَا تَاْخُذُهٗ سِنَةٌ وَّلَا نَوْمٌ ؕ لَهٗ مَا فِی
السَّمٰوٰتِ وَمَا فِی الْاَرْضِ ؕ مَنْ ذَا الَّذِیْ
یَشْفَعُ عِنْدَهٗٓ اِلَّا بِاِذْنِهٖ ؕ یَعْلَمُ مَا بَیْنَ
اَیْدِیْهِمْ وَمَا خَلْفَهُمْ ۚ وَلَا یُحِیْطُوْنَ
بِشَیْءٍ مِّنْ عِلْمِهٖٓ اِلَّا بِمَا شَآءَ ۚ وَسِعَ
كُرْسِیُّهُ السَّمٰوٰتِ وَالْاَرْضَ ۚ وَلَا
یَئُوْدُهٗ حِفْظُهُمَا ۚ وَهُوَ الْعَلِیُّ الْعَظِیْمُ ○

Translation: Allah! There is no god but He,-the Living, the Self-subsisting, Eternal. No slumber can seize Him nor sleep. His are all things in the heavens and on earth. Who is there can intercede in His presence except as He permit? He knows what (appears to His creatures as)

before or after or behind them. Nor shall they compass aught of His knowledge except as He wills. His Throne does extend over the heavens and the earth, and He feels no fatigue in guarding and preserving them, for He is the Most High, the Supreme (in glory).

(Surah Baqara: 255)

First three Ayats of Surah Momin

حٰمٓ ﴿١﴾ تَنْزِيْلُ الْكِتٰبِ مِنَ اللّٰهِ الْعَزِيْزِ الْعَلِيْمِ ﴿٢﴾ غَافِرِ الذَّنْۢبِ وَ قَابِلِ التَّوْبِ شَدِيْدِ الْعِقَابِ ۙ ذِى الطَّوْلِ ؕ لَآ اِلٰهَ اِلَّا هُوَ ؕ اِلَيْهِ الْمَصِيْرُ ﴿٣﴾

Translation: 1. *Haa-Meem.* 2. The revelation of this Book is from Allah, Exalted in Power, Full of Knowledge,- 3. Who forgives sin, accepts repentance, is strict in punishment, and has a long reach (in all things). There is no god but He: to Him is the final goal.

Virtue: A person who recites first three Ayats of Surah Momin after Ayatul Kursi in the morning,

will be safeguarded from every evil on that day.

(Musnad Bazzar narrated by Abu Hurairah; Tirmidhi)

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24 **To become worthy of *Du'a* (invocation) by Angels in our favour and getting the status of *Shuhada* (Martyr) on death** (Recite thrice)

"اَعُوْذُ بِاللّٰهِ السَّمِيْعِ الْعَلِيْمِ مِنَ الشَّيْطٰنِ الرَّجِيْمِ"

Translation: I seek refuge in Allah, Who is All-Knowing, All-Hearing, from *Shaitaan* (Satan).

Surah Hashr : 22 to 24 (Recite once)

هُوَ اللّٰهُ الَّذِىْ لَآ اِلٰهَ اِلَّا هُوَ ۚ عٰلِمُ الْغَيْبِ وَالشَّهَادَةِ ۚ هُوَ الرَّحْمٰنُ الرَّحِيْمُ ﴿٢٢﴾ هُوَ اللّٰهُ الَّذِىْ لَآ اِلٰهَ اِلَّا هُوَ ۚ اَلْمَلِكُ الْقُدُّوْسُ السَّلٰمُ الْمُؤْمِنُ الْمُهَيْمِنُ الْعَزِيْزُ الْجَبَّارُ الْمُتَكَبِّرُ ۚ سُبْحٰنَ

اللّٰهِ عَمَّا يُشْرِكُوْنَ ﴿٢٣﴾ هُوَ اللّٰهُ الْخَالِقُ الْبَارِئُ الْمُصَوِّرُ لَهُ الْاَسْمَآءُ الْحُسْنٰى ؕ يُسَبِّحُ لَهٗ مَا فِی السَّمٰوٰتِ وَالْاَرْضِ ۚ وَهُوَ الْعَزِيْزُ الْحَكِيْمُ ﴿٢٤﴾

<u>Translation</u>: **22.** Allah is He, other than Whom there is no other god;- Who knows (all things) both secret and open; He is the Most Gracious, the Most Merciful. **23.** Allah is He, than Whom there is no other god;- the Sovereign, the Holy One, the Source of Peace (and Perfection), the Guardian of Faith, the Preserver of Safety, the Exalted in Might, the Irresistible, the Supreme: Glory to Allah! (High is He) above the partners they attribute to Him. **24.** He is Allah, the Creator, the Evolver, the Bestower of Forms (or Colours), to Him belong the Most Beautiful Names: whatever is in the heavens and on earth, does declare His Praises and Glory: and He is the Exalted in Might, the Wise.

Virtue: A person who recites thrice the first

invocation and the above mentioned Ayats of Surah Hashr once following it, seventy thousand angels will pray for mercy for him and he will get the status of martyrdom on death.

(Tirmidhi)

25 Invocation for the fulfilment of all wishes

(Recite once)

اَللّٰهُمَّ اَنْتَ خَلَقْتَنِىْ وَاَنْتَ تَهْدِيْنِىْ

وَاَنْتَ تُطْعِمُنِىْ وَاَنْتَ تَسْقِيْنِىْ

وَاَنْتَ تُمِيْتُنِىْ وَاَنْتَ تُحْيِيْنِىْ

Translation: O Allah! You have created me and You are the One Who has showed me guidance. You are the One Who provides me with food and drinking. You will give me death and You will raise me again.

Virtue: Hasan Basari reported from Samura bin Jundub (R. A.) who said, "May I not narrate a Hadith which I heard many times from the Prophet (peace be upon him) and also from

Hazrat Abu Bakr and Umar (R.A.)." I said, "Of course, please narrate". He said, "A person who recites these words in the morning and in the evening, Allah will fulfil his all wishes."

(Bikhre Moti, pp. 144-145)

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26 Invocation for protection from the mischief of Jinn (Recite once)

"أَعُوْذُ بِوَجْهِ اللّٰهِ الْكَرِيْمِ وَبِكَلِمَاتِ اللّٰهِ التَّآمَّاتِ الَّتِىْ لَا يُجَاوِزُهُنَّ بَرٌّ وَّلَا فَاجِرٌ مِّنْ شَرِّ مَا يَنْزِلُ مِنَ السَّمَآءِ وَمِنْ شَرِّ مَا يَعْرُجُ فِيْهَا وَشَرِّ مَا ذَرَأَ فِى الْاَرْضِ وَشَرِّ مَا يَخْرُجُ مِنْهَا وَمِنْ فِتَنِ اللَّيْلِ وَالنَّهَارِ وَمِنْ طَوَارِقِ اللَّيْلِ وَالنَّهَارِ اِلَّا طَارِقًا يَّطْرُقُ بِخَيْرٍ يَّا رَحْمٰنُ"

Translation: I seek refuge in Allah's grace and His complete and powerful Words, which cannot be surpassed by any good or bad person, from the evil which descends from the heaven and from the evil which ascends to the heavens, and from the evil of all the things which are scattered in the world, and from the evil of all the things which comes out of the earth, and (I seek refuge in Allah) from the trial of day and night, from those who are knocking in the day and the night except those who knocks for good. O! the Most Merciful.

Virtue: The Jinn which came to trouble the Holy Prophet (peace be upon him) fell to the ground, as the Prophet recited this invocation.

(Muwatta Imam Malik)

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27 Invocation for safeguarding from evil of magician and magic (Recite thrice)

"اَصْبَحْنَا وَاَصْبَحَ الْمُلْكُ لِلّٰهِ وَالْحَمْدُ كُلُّهُ

لِلّٰهِ اَعُوْذُ بِاللّٰهِ الَّذِىْ يُمْسِكُ السَّمَآءَ

اَنْ تَقَعَ عَلَى الْاَرْضِ اِلَّا بِاِذْنِهٖ مِنْ شَرِّ مَا خَلَقَ وَذَرَاَ وَمِنْ شَرِّ الشَّيْطَانِ وَشِرْكِهٖ"

Translation: We begin our morning for Allah and all His Kingdom begin their morning for Him. All praises be to Allah. I seek refuge in the One Who is holding on the heaven from falling on the earth except with His permission, from the evil of His creations which is scattered everywhere, and (I seek refuge in Allah) from the evil of Satan and his making of partner (with Allah).

Virtue: The Holy Prophet (peace be upon him) told Amr bin Aas that if you would recite this invocation thrice in the morning, you will be protected from the evil of Satan, foreteller and magician.

(Ad-Du'a, p. 954; Ibnus Sunni, p. 66; Majma 1/119)

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(25) Invocation for protection against magic (Recite once)

"أَعُوْذُ بِوَجْهِ اللهِ الْعَظِيْمِ الَّذِي لَيْسَ شَيْءٌ أَعْظَمَ مِنْهُ وَبِكَلِمَاتِ اللهِ التَّامَّاتِ الَّتِي لَا يُجَاوِزُهُنَّ بَرٌّ وَّلَا فَاجِرٌ وَّبِأَسْمَاءِ اللهِ الْحُسْنٰى كُلِّهَا مَا عَلِمْتُ مِنْهَا وَمَا لَمْ أَعْلَمْ مِنْ شَرِّ مَا خَلَقَ وَبَرَأَ وَذَرَأَ"

Translation: I seek refuge in Allah, the most Greatest. There is nothing equal to His Greatness. And I seek refuge in His complete and powerful Words, which cannot be surpassed by any good or bad person, and (I seek refuge in) all the Names of Allah which I know and which I do not know, from the evil of all those things which He created, and created them errorless and scattered them all over.

Virtue: The person who recites this invocation once in the morning will be safeguarded from magic. Hazrat Ka'ab Ahbar (may Allah have

mercy on him) said that if I had not recited this invocation, the Jews had transformed me into donkey. (Muwatta Imam Malik)

29 Invocation for the getting the sins forgiven and achieving the good

(Recite 100 times)

"سُبْحَانَ اللهِ وَبِحَمْدِهٖ"

__Translation__: I state the Glory of Allah in the words that suit His status and say praises of Him.

Virtue: Recite these words hundred times. Allah will pardon the sins as great in number as foam over the sea. (Muslim 4/2081)

He will get one lakh twenty four thousand virtues. (Tirmidhi)

30 Invocation for safeguarding from three dangerous diseases

(Recite thrice after Fajr Salah)

"سُبْحَانَ اللهِ الْعَظِيْمِ وَبِحَمْدِهٖ"

Translation: I glorify Allah, the Greatest, in the words that suit His status. And I praises Him in the words in which He has praised Himself.

(Recite once)

"اَللّٰهُمَّ اِنِّيْ اَسْئَلُكَ مِمَّا عِنْدَكَ وَاَفِضْ عَلَيَّ مِنْ فَضْلِكَ وَانْشُرْ عَلَيَّ مِنْ رَحْمَتِكَ وَاَنْزِلْ عَلَيَّ مِنْ بَرَكَاتِكَ"

Translation: O Allah, I ask for the bounties that You have and shower Your Providence over me. Extend Your grace and bestow Your blessings on me.

Virtue: Qabisa bin Makhariq (R.A.) narrated: I present came to the Prophet (peace be upon him). He asked, "Why did you come?" I said, "I become aged now. My bones has become weak, *i.e.*, it my old age now. I have come to you so that you may teach me something which may benefit me."

The Prophet (peace be upon him) said, "The stones and trees from which you passed by has

prayed in favour of you. O Qabisa! say سُبْحَانَ اللهِ الْعَظِيْمِ وَبِحَمْدِهٖ thrice after the Morning Prayer. You will be protected from the infliction of blindness, leprosy and palsy. Read this invocation also

اَللّٰهُمَّ اِنِّيْ اَسْئَلُكَ مِمَّا عِنْدَكَ وَاَفِضْ عَلَيَّ مِنْ فَضْلِكَ

وَانْشُرْ عَلَيَّ مِنْ رَحْمَتِكَ وَاَنْزِلْ عَلَيَّ مِنْ بَرَكَاتِكَ۔

(Bikhre Moti 1/95)

31 Protection from the mischief of Jinn

(Recite once)

اَفَحَسِبْتُمْ اَنَّمَا خَلَقْنٰكُمْ عَبَثًا

وَّاَنَّكُمْ اِلَيْنَا لَا تُرْجَعُوْنَ ﴿۱۱۵﴾ فَتَعٰلَى

اللّٰهُ الْمَلِكُ الْحَقُّ ۚ لَاۤ اِلٰهَ اِلَّا هُوَ ۚ

رَبُّ الْعَرْشِ الْكَرِيْمِ ﴿۱۱۶﴾ وَمَنْ يَّدْعُ

مَعَ اللّٰهِ اِلٰهًا اٰخَرَ ۙ لَا بُرْهَانَ لَهٗ بِهٖ ۙ

فَاِنَّمَا حِسَابُهٗ عِنْدَ رَبِّهٖ ؕ اِنَّهٗ لَا

يُفْلِحُ الْكٰفِرُوْنَ ﴿١١٧﴾ وَقُلْ رَّبِّ اغْفِرْ وَارْحَمْ وَاَنْتَ خَيْرُ الرّٰحِمِيْنَ ﴿١١٨﴾

(Surah Mominoon: 115-118)

Translation: **115.** Did you then think that We had created you in jest, and that you would not be brought back to U. (for account)? **116.** Therefore, exalted be Allah, the King, the Reality: there is no god but He, the Lord of the Throne of Honour! **117.** If anyone invokes, besides Allah, Any other god, he has no authority for that; and his reckoning will be only with his Lord! and verily the Unbelievers will fail to win through! **118.** So say: "O my Lord! grant You forgiveness and mercy, for You are the Best of those who show mercy!"

Virtue: It is narrated in Ibn Abi Hatim that a person who was possessed by Jinn came to Abdullah bin Masood (R.A.), who recited the above mentioned Ayats and blew over his ear, and he got cured. When it was mentioned before the Prophet (peace be upon him) he asked, 'Abdullah what did you recite in his ear'

Abdullah told him about it. He (peace be upon him) said You have given him life by blowing this invocation in his ear. I swear by Allah that if a person having faith would recite it on a mountain, it will also remove it from its place.

Abu Nu'aim narrated: "The Prophet (peace be upon him) sent us with troops and told us to recite the aforementioned Ayats day and night. So we recited them continuously in both the times. Praise be to Allah, we returned safe with booty." (Tafsir Ibn Kathir 3/474, Bikhre Moti 1/150)

(Recite once)

"اَللّٰهُمَّ بِكَ اَصْبَحْنَا وَبِكَ اَمْسَيْنَا
وَبِكَ نَحْيَا وَبِكَ نَمُوْتُ وَاِلَيْكَ النُّشُوْرُ"

<u>Translation</u>: O Allah! we are able to see the morning and the evening due to Your Divine help. It is because of Your power that we are living and will die because of it. And ultimately we will have to return to You. (Tirmidhi)

33 (Recite once)

"اَصْبَحْنَا وَاَصْبَحَ الْمُلْكُ لِلّٰهِ رَبِّ الْعَالَمِيْنَ ، اَللّٰهُمَّ اِنِّیۡ اَسْئَلُكَ خَيْرَ هٰذَا الْيَوْمِ فَتْحَهٗ وَنَصْرَهٗ وَنُوْرَهٗ وَ بَرَكَتَهٗ وَهُدَاهُ وَاَعُوْذُبِكَ مِنْ شَرِّ مَافِيْهِ وَشَرِّمَا بَعْدَهٗ۔

Translation: Our morning has arisen and the morning of the Lord of the Worlds has arisen. O Allah, I ask for the good of this day, I ask for victory, success, radiance, blessings and guidance of this day. And I seek refuge in You from the evil of this day and evil after this day.

(Hisne Haseen; Purnoor Dua, p. 32)

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34 (Recite once)

"اَللّٰهُمَّ اجْعَلْ اَوَّلَ هٰذَا النَّهَارِ صَلَاحًا وَّ اَوْسَطَهٗ فَلَاحًا وَّ اٰخِرَهٗ

نَجَاحًا ، اَسْئَلُكَ خَيْرَ الدُّنْيَا

وَالْاٰخِرَةِ يَآ اَرْحَمَ الرَّاحِمِيْنَ"

Translation: O Allah! Make first part of this day full of good, make its middle a success and make its last part as victory. (Hisne Haseen, p.75)

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35 (Recite once)

"اَصْبَحْنَا عَلٰى فِطْرَةِ الْاِسْلَامِ وَكَلِمَةِ

الْاِخْلَاصِ وَعَلٰى دِيْنِ نَبِيِّنَا مُحَمَّدٍ صَلَّى

اللّٰهُ عَلَيْهِ وَسَلَّمَ وَعَلٰى مِلَّةِ اَبِيْنَآ اِبْرَاهِيْمَ

حَنِيْفًا مُّسْلِمًا وَّمَا كَانَ مِنَ الْمُشْرِكِيْنَ"

Translation: We started our morning on the *Fitrat* (Nature) of Islam, with the words of devotion and on the *Deen* (Religion of Islam) of the Prophet (peace be upon him), with the *Millat* (Nation) of Ibrahim (peace be upon him) who was a monotheist and a Muslim and he was not among the *Mushrikeen* (those who attributes partners with Allah). (Hisne Haseen, p. 70)

36 Five sentences for this world, and five for the Hereafter

For the world (Recite once)

① حَسْبِيَ اللّٰهُ لِدِيْنِيْ

Allah is enough for me to safeguard my *Deen* (Religion of Islam).

② حَسْبِيَ اللّٰهُ لِمَآ اَهَمَّنِيْ

Allah is enough for me to remove all my distress.

③ حَسْبِيَ اللّٰهُ لِمَنْ بَغٰى عَلَيَّ

Allah is enough for me, against a person who oppresses me.

④ حَسْبِيَ اللّٰهُ لِمَنْ حَسَدَنِيْ

Allah is enough for me against a person who is envious to me.

⑤ حَسْبِيَ اللّٰهُ لِمَنْ كَادَنِيْ بِسُوْٓءٍ

Allah is enough for me against a person who deceives and betrays me.

For the Hereafter (Recite once)

① حَسْبِيَ اللّٰهُ عِنْدَ الْمَوْتِ

Allah is enough for me at the time of my death.

② حَسْبِيَ اللّٰهُ عِنْدَ الْمَسْئَلَةِ فِي الْقَبْرِ

Allah is enough for me during my interrogation in the grave.

③ حَسْبِيَ اللّٰهُ عِنْدَ الْمِيْزَانِ

Allah is enough for me at the place of *Mizaan* (the Balance for weighting of good and bad deeds on the **Day of Judgement**)

④ حَسْبِيَ اللّٰهُ عِنْدَ الصِّرَاطِ

Allah is enough for me near the *Pul Sirat* (Pradise Pathway).

⑤ حَسْبِيَ اللّٰهُ لَآ إِلٰـهَ إِلَّا هُوَ عَلَيْهِ تَوَكَّلْتُ وَإِلَيْهِ أُنِيْبُ

Allah is enough for me, there is no god but He, I have placed my hope in Him and I always returns towards Him.

Virtue: There is a narration from Buraidah (R.A.), the gist of which is that the Prophet (peace be upon him) said that anyone who recites the above mentioned 10 sentences in the morning, then after the completion of their recitation, he will find Allah is enough for Him and he will soon be getting reward.

(Durre Manthoor 2/103)

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37 Recite the third *Kalimah* 100 times

سُبْحَانَ اللهِ وَالْحَمْدُ لِلّٰهِ وَلَآ اِلٰهَ اِلَّا اللهُ وَاللهُ اَكْبَرُ وَلَا حَوْلَ وَلَا قُوَّةَ اِلَّا بِاللهِ الْعَلِيِّ الْعَظِيْمِ

---

38 Recite 100 times *Istighfaar*

"اَسْتَغْفِرُ اللهَ الَّذِىْ لَآ اِلٰـهَ اِلَّا هُوَ الْحَىُّ الْقَيُّوْمُ وَاَتُوْبُ اِلَيْـهِ"

Or recite

"اَللّٰهُمَّ اغْفِرْ لِيْ"

39 **Recite *Darood Shareef* 100 times**

It is better to recite *Darood-e-Ibraheem* which is recited in *Salah*. If somebody wanted to recite small *Darood*, recite the following *Darood*:

اَللّٰهُمَّ صَلِّ عَلٰى مُحَمَّدِ النَّبِيِّ الْاُمِّيِّ بِعَدَدِ كُلِّ مَعْلُوْمٍ لَّكَ

40 **Recite100 times**

يَا اَللّٰهُ يَا حَفِيْظُ

41 **Recite thrice**

"فَاللّٰهُ خَيْرٌ حَافِظًا وَّهُوَ اَرْحَمُ الرَّاحِمِيْنَ"

<u>**Translation**</u>: Allah is the Best Protector, and He is the Most Merciful among those who show mercy.

Note: Recite 500 times or 100 times '***Ya Hayyu Ya Qayyumu***'. *Insha-Allah* it will give great benefit.

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42 Recite Surah Yaseen once

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43 Recite Surah Muzzammil once

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44 Recite the 99 Beautiful Names of Allah

وَلِلّٰهِ الْاَسْمَآءُ الْحُسْنٰى فَادْعُوْهُ بِهَا

"All the names of Allah are good, so invoke Him through them."

Note: If somebody is incapable of reading the Arabic names of Allah (*Asma-e-Husna*) then he should read their translation by comprehending their meaning and believe in those attributes of Allah. He will also get the blessings of *Asma-e-Husna, Insha-Allah.*

99 BEAUTIFUL NAMES OF ALLAH WITH THEIR TRANSLATION

هُوَاللّٰهُ الَّذِىْ لَآاِلٰـهَ اِلَّاهُوَ

Allah is He, than Whom there is no other god.

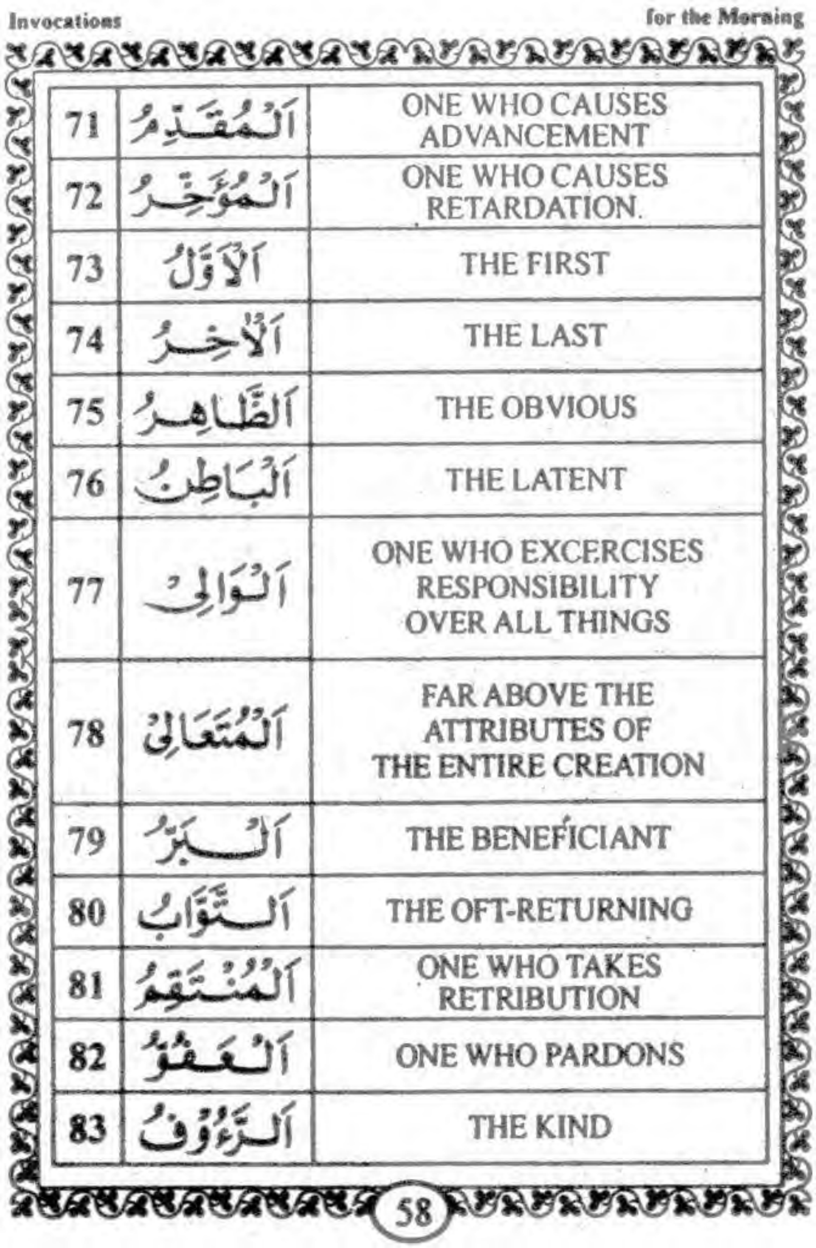
1	اَلرَّحْمٰنُ	THE COMPASSIONATE
2	اَلرَّحِيْمُ	MOST MERCIFUL
3	اَلْمَلِكُ	THE SOVEREIGN THE TRUE KING
4	اَلْقُدُّوْسُ	THE HOLY ONE AND ONE WHO IS FREE FROM ALL BLEMISHES
5	اَلسَّلَامُ	THE GIVER OF PEACE OR THE ONE WHO IS IMMUNE FROM ALL DISTRESS
6	اَلْمُؤْمِنُ	THE GIVER OF PEACE
7	اَلْمُهَيْمِنُ	THE GIVER OF PROTECTION
8	اَلْعَزِيْزُ	THE MIGHTY
9	اَلْجَبَّارُ	THE OVERPOWERING LORD
10	اَلْمُتَكَبِّرُ	THE SELF-GLORIOUS
11	اَلْخَالِقُ	THE CREATOR
12	اَلْبَارِئُ	ONE WHO GIVES LIFE

13	اَلْمُصَوِّرُ	THE FASHIONER OF SHAPES
14	اَلْغَفَّارُ	EXCEEDINGLY FORGIVING
15	اَلْقَهَّارُ	ONE WHO HAS CONTROL OVER THINGS
16	اَلْوَهَّابُ	THE GIVER OF ALL THINGS
17	اَلرَّزَّاقُ	THE SUSTAINER AND PROVIDER
18	اَلْفَتَّاحُ	REMOVER OF DIFFICULTIES
19	اَلْعَلِيْمُ	THE ALL-KNOWING
20	اَلْقَابِضُ	THE STRAITER OF SUSTENANCE
21	اَلْبَاسِطُ	THE EXTENDER OF SUSTENANCE
22	اَلْخَافِضُ	THE ONE WHO HUMBLES AND LOWERS
23	اَلرَّافِعُ	THE EXALTER
24	اَلْمُعِزُّ	THE GIVER OF HONOUR
25	اَلْمُذِلُّ	THE GIVER OF DISHONOUR
26	اَلسَّمِيْعُ	THE ALL-HEARING
27	اَلْبَصِيْرُ	THE SEER OR ONE WHO SEES ALL THINGS

28	اَلْحَكَمُ	THE MAKER OF IMMUTABLE JUDGEMENT
29	اَلْعَدْلُ	THE JUST
30	اَللَّطِيْفُ	MOST AFFECTIONATE OR KNOWER OF INNERMOST SECRETES
31	اَلْخَبِيْرُ	ALL-KNOWING
32	اَلْحَلِيْمُ	THE CLEMENT
33	اَلْعَظِيْمُ	THE GREAT
34	اَلْغَفُوْرُ	THE FORGIVING
35	اَلشَّكُوْرُ	THE HIGHLY GRATEFUL
36	اَلْعَلِيُّ	THE MOST HIGH
37	اَلْكَبِيْرُ	THE MOST GREAT OR INFINITE
38	اَلْحَفِيْظُ	THE PROTECTOR
39	اَلْمُقِيْتُ	THE GIVER OF SUSTENANCE AND STRENGTH
40	اَلْحَسِيْبُ	THE RECKONER OR ONE WHO SUFFICES FOR EVERYONE AND EVERYTHING

41	اَلْجَلِيْلُ	THE GLORIOUS OR ONE WITH AN EXALTED POSITION
42	اَلْكَرِيْمُ	THE BENEVOLENT
43	اَلرَّقِيْبُ	THE CARETAKER
44	اَلْمُجِيْبُ	THE ANSWERER OF DU'AS
45	اَلْوَاسِعُ	THE LENIENT
46	اَلْحَكِيْمُ	THE WISE
47	اَلْوَدُوْدُ	THE MOST LOVING
48	اَلْمَجِيْدُ	THE MOST VENERABLE
49	اَلْبَاعِثُ	THE RESURRECTOR OF THE DEAD
50	اَلشَّهِيْدُ	THE OMNIPRESENT
51	اَلْحَقُّ	THE TRUTH
52	اَلْوَكِيْلُ	THE PROVIDENT
53	اَلْقَوِيُّ	THE ALMIGHTY
54	اَلْمَتِيْنُ	THE INVINCIBLE
55	اَلْوَلِيُّ	THE PATRON

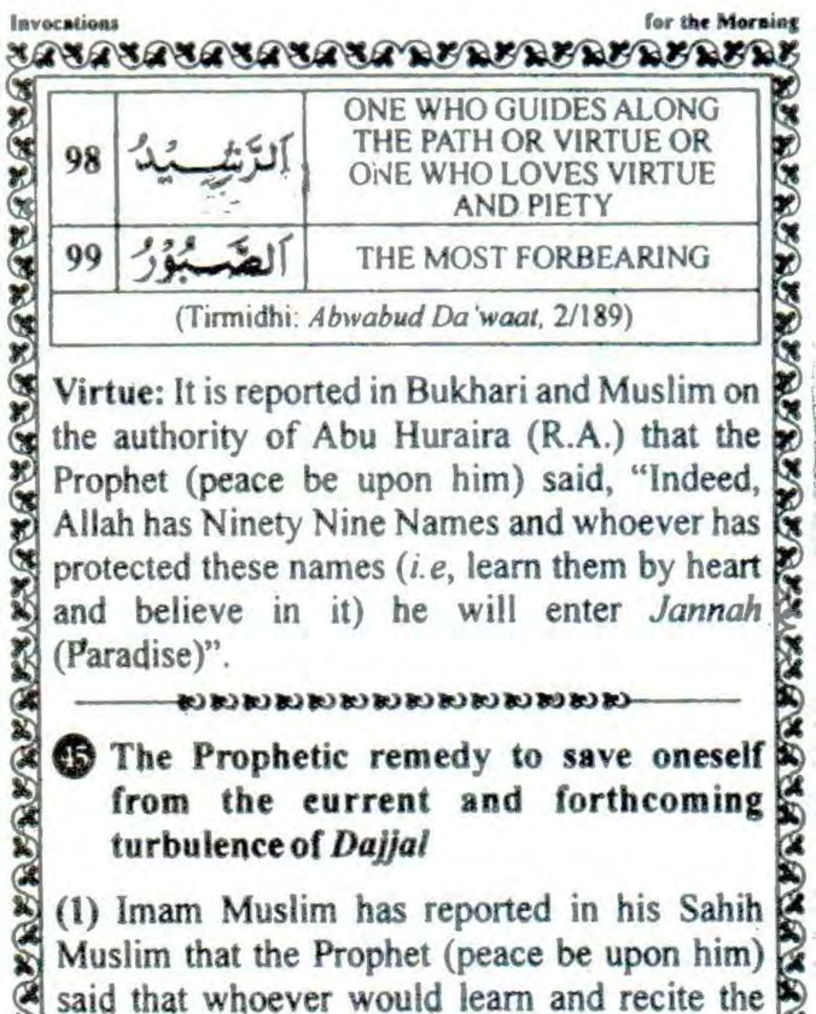
56	اَلْحَمِيْدُ	THE PRAISEWORTHY
57	اَلْمُحْصِىْ	THE KEEPER OF COUNTS
58	اَلْمُبْدِئُ	THE ORIGINATOR
59	اَلْمُعِيْدُ	ONE WHO HAS THE POWER TO CREATE AGAIN
60	اَلْمُحْيِىْ	THE GIVER OF LIFE
61	اَلْمُمِيْتُ	THE GIVER OF DEATH
62	اَلْحَىُّ	THE EVERLASTING
63	اَلْقَيُّوْمُ	THE SUSTAINER OF LIFE
64	اَلْوَاجِدُ	THE ALL-PERFECT
65	اَلْمَاجِدُ	THE ALL-EXCELLENT AND THE ONE WITH VENERATION
66	اَلْوَاحِدُ	THE ONE UNEQUALLE
67	اَلْأَحَدُ	THE ONE
68	اَلصَّمَدُ	FREE FROM WANT
69	اَلْقَادِرُ	THE ALL-POWERFUL
70	اَلْمُقْتَدِرُ	THE POWERFUL



71	اَلْمُقَدِّمُ	ONE WHO CAUSES ADVANCEMENT
72	اَلْمُؤَخِّرُ	ONE WHO CAUSES RETARDATION.
73	اَلْاَوَّلُ	THE FIRST
74	اَلْاٰخِرُ	THE LAST
75	اَلظَّاهِرُ	THE OBVIOUS
76	اَلْبَاطِنُ	THE LATENT
77	اَلْوَالِىْ	ONE WHO EXCERCISES RESPONSIBILITY OVER ALL THINGS
78	اَلْمُتَعَالِىْ	FAR ABOVE THE ATTRIBUTES OF THE ENTIRE CREATION
79	اَلْبَرُّ	THE BENEFICIANT
80	اَلتَّوَّابُ	THE OFT-RETURNING
81	اَلْمُنْتَقِمُ	ONE WHO TAKES RETRIBUTION
82	اَلْعَفُوُّ	ONE WHO PARDONS
83	اَلرَّءُوْفُ	THE KIND



84	مَالِكُ الْمُلْكِ	POSSESOR OF SOVEREIGNTY
85	ذُوالْجَلَالِ وَالْإِكْرَامِ	MAJESTIC AND BENEVOLENT
86	اَلْمُقْسِطُ	THE JUST
87	اَلْجَامِعُ	THE ASSEMBLER
88	اَلْغَنِىُّ	FREE FROM NEED
89	اَلْمُغْنِىُ	SUPPLIER OF NEEDS TO OTHERS
90	اَلْمَانِعُ	THE HINDERER
91	اَلضَّارُّ	ONE WHO CAN CAUSE LOSS
92	اَلنَّافِعُ	ONE WHO CONFESS BENEFITS
93	اَلنُّوْرُ	THE RADIANCE
94	اَلْهَادِىْ	ONE WHO GIVIES GUIDANCE
95	اَلْبَدِيْعُ	THE DEVISER
96	اَلْبَاقِىْ	THE ETERNAL
97	اَلْوَارِثُ	THE SUPPORTER OF ALL OR ONE WHO REMAINS ALIVE EVEN AFTER EVERYONE OR EVERTHING DIES



98	اَلرَّشِيْدُ	ONE WHO GUIDES ALONG THE PATH OR VIRTUE OR ONE WHO LOVES VIRTUE AND PIETY
99	اَلصَّبُوْرُ	THE MOST FORBEARING
(Tirmidhi: *Abwabud Da'waat*, 2/189)		

Virtue: It is reported in Bukhari and Muslim on the authority of Abu Huraira (R.A.) that the Prophet (peace be upon him) said, "Indeed, Allah has Ninety Nine Names and whoever has protected these names (*i.e*, learn them by heart and believe in it) he will enter *Jannah* (Paradise)".

45 The Prophetic remedy to save oneself from the current and forthcoming turbulence of *Dajjal*

(1) Imam Muslim has reported in his Sahih Muslim that the Prophet (peace be upon him) said that whoever would learn and recite the first ten Ayats of Surah Kahaf, he will be safeguarded from the turbulence of *Dajjal.*

(2) In another narration of Sahih Muslim, the

Prophet (peace be upon him) said that whoever confront *Dajjal*, he should recite the first 10 Ayats of Surah Kahaf, he will be protected from it.

(3) In some other narrations, it is narrated that the learning and reciting of the last Ayats of Surah Kahaf will give protection from the turbulence of *Dajjal*.

The first ten Ayats of Surah Kahaf with their translation

(Recite once)

بِسْمِ اللّٰهِ الرَّحْمٰنِ الرَّحِيْمِ ٥

(1) اَلْحَمْدُ لِلّٰهِ الَّذِىْٓ اَنْزَلَ عَلٰى عَبْدِهِ الْكِتٰبَ وَلَمْ يَجْعَلْ لَّهٗ عِوَجًا ①

In the name of Allah, the Most Beneficial, the Most Merciful.

"Praise be to Allah, Who has sent to His Servant the Book, and has allowed therein no Crookedness:

(2) قَيِّمًا لِّيُنْذِرَ بَاْسًا شَدِيْدًا مِّنْ لَّدُنْهُ وَيُبَشِّرَ الْمُؤْمِنِيْنَ الَّذِيْنَ

يَعْمَلُوْنَ الصّٰلِحٰتِ اَنَّ لَهُمْ اَجْرًا حَسَنًا ﴿٢﴾

"(He has made it) Straight (and Clear) in order that He may warn (the godless) of a terrible Punishment from Him, and that He may give Glad Tidings to the Believers who work righteous deeds, that they shall have a goodly Reward".

(3) مّٰكِثِيْنَ فِيْهِ اَبَدًا ﴿٣﴾

"Wherein they shall remain forever:

(4) وَّيُنْذِرَ الَّذِيْنَ قَالُوا اتَّخَذَ اللّٰهُ وَلَدًا ﴿٤﴾

"Further, that He may warn those (also) who say, "Allah has begotten a son":

(5) مَا لَهُمْ بِهٖ مِنْ عِلْمٍ وَّلَا لِاٰبَآئِهِمْ ؕ كَبُرَتْ كَلِمَةً تَخْرُجُ مِنْ اَفْوَاهِهِمْ ؕ اِنْ يَّقُوْلُوْنَ اِلَّا كَذِبًا ﴿٥﴾

"No knowledge have they of such a thing, nor

had their fathers. It is a grievous thing that issues from their mouths as a saying what they say is nothing but falsehood!

(6) فَلَعَلَّكَ بَاخِعٌ نَّفْسَكَ عَلَىٰٓ اٰثَارِهِمْ إِنْ لَّمْ يُؤْمِنُوا بِهٰذَا الْحَدِيْثِ أَسَفًا ﴿٦﴾

"You would only, perchance, fret yourself to death, following after them, in grief, if they believe not in this Message.

(7) إِنَّا جَعَلْنَا مَا عَلَى الْأَرْضِ زِيْنَةً لَّهَا لِنَبْلُوَهُمْ أَيُّهُمْ أَحْسَنُ عَمَلًا ﴿٧﴾

"That which is on earth We have made but as a glittering show for the earth, in order that We may test them – as to which of them are best in conduct.

(8) وَإِنَّا لَجٰعِلُوْنَ مَا عَلَيْهَا صَعِيْدًا جُرُزًا ﴿٨﴾

"Verily what is on earth We shall make but as dust and dry soil (without growth or herbage).

⑨ اَمْ حَسِبْتَ اَنَّ اَصْحٰبَ الْكَهْفِ وَالرَّقِيْمِ كَانُوْا مِنْ اٰيٰتِنَا عَجَبًا ﴿٩﴾

"Or do you reflect that the Companions of the Cave and of the Inscription were wonders among Our Sign?

⑩ اِذْ اَوَى الْفِتْيَةُ اِلَى الْكَهْفِ فَقَالُوْا رَبَّنَآ اٰتِنَا مِنْ لَّدُنْكَ رَحْمَةً وَّهَيِّئْ لَنَا مِنْ اَمْرِنَا رَشَدًا ﴿١٠﴾

"Behold, the youths betook themselves to the Cave: they said, "Our Lord! bestow on us Mercy from Yourself, and dispose of our affair for us in the right way!"

Last Ayats of Surah Kahaf with their translation

(Recite once)

① اَفَحَسِبَ الَّذِيْنَ كَفَرُوْٓا اَنْ يَّتَّخِذُوْا

عِبَادِىْ مِنْ دُوْنِىْٓ اَوْلِيَآءَ ۭ اِنَّآ اَعْتَدْنَا جَهَنَّمَ لِلْكٰفِرِيْنَ نُزُلًا ﴿١٠٢﴾

102. "Do the Unbelievers think that they can take My servants as protectors besides Me? Verily We have prepared Hell for the Unbelievers for (their) entertainment.

(2) قُلْ هَلْ نُنَبِّئُكُمْ بِالْاَخْسَرِيْنَ اَعْمَالًا ۭ ﴿١٠٣﴾

103. "Say: Shall we tell you of those who lose most in respect of their deeds?-"

(3) اَلَّذِيْنَ ضَلَّ سَعْيُهُمْ فِى الْحَيٰوةِ الدُّنْيَا وَهُمْ يَحْسَبُوْنَ اَنَّهُمْ يُحْسِنُوْنَ صُنْعًا ﴿١٠٤﴾

104. "Those whose efforts have been wasted in this life, while they thought that they were acquiring good by their works?"

(4) اُولٰٓئِكَ الَّذِيْنَ كَفَرُوْا بِاٰيٰتِ رَبِّهِمْ

وَلِقَآئِهِۦ فَحَبِطَتْ أَعْمَٰلُهُمْ فَلَا نُقِيمُ لَهُمْ يَوْمَ ٱلْقِيَٰمَةِ وَزْنًا ﴿١٠٥﴾

105. "They are those who deny the Signs of their Lord and the fact of their having to meet Him (in the Hereafter): vain will be their works, nor shall We, on the Day of Judgement, give them any weight.

(5) ذَٰلِكَ جَزَآؤُهُمْ جَهَنَّمُ بِمَا كَفَرُوا۟ وَٱتَّخَذُوٓا۟ ءَايَٰتِى وَرُسُلِى هُزُوًا ﴿١٠٦﴾

106. "That is their reward, Hell, because they rejected Faith, and took My Ṣigns and My Messengers by way of jest.

(6) إِنَّ ٱلَّذِينَ ءَامَنُوا۟ وَعَمِلُوا۟ ٱلصَّٰلِحَٰتِ كَانَتْ لَهُمْ جَنَّٰتُ ٱلْفِرْدَوْسِ نُزُلًا ﴿١٠٧﴾

107. "As to those who believe and work righteous deeds, they have, for their entertainment, the Gardens of Paradise,

(7) خَٰلِدِينَ فِيهَا لَا يَبۡغُونَ عَنۡهَا حِوَلٗا ﴿١٠٨﴾

108. "Wherein they shall dwell (for ever): no change will they wish for from them.

(8) قُل لَّوۡ كَانَ ٱلۡبَحۡرُ مِدَادٗا لِّكَلِمَٰتِ رَبِّي لَنَفِدَ ٱلۡبَحۡرُ قَبۡلَ أَن تَنفَدَ كَلِمَٰتُ رَبِّي وَلَوۡ جِئۡنَا بِمِثۡلِهِۦ مَدَدٗا ﴿١٠٩﴾

109. "Say: If the ocean were ink (wherewith to write out) the words of my Lord, sooner would the ocean be exhausted than would the words of my Lord, even if we added another ocean like it, for its aid."

(9) قُلۡ إِنَّمَآ أَنَا۠ بَشَرٞ مِّثۡلُكُمۡ يُوحَىٰٓ إِلَيَّ أَنَّمَآ إِلَٰهُكُمۡ إِلَٰهٞ وَٰحِدٞۖ فَمَن كَانَ يَرۡجُواْ لِقَآءَ رَبِّهِۦ فَلۡيَعۡمَلۡ عَمَلٗا صَٰلِحٗا وَلَا يُشۡرِكۡ

بِعِبَادَةِ رَبِّهٖٓ اَحَدًا ﴿١١٠﴾ ع

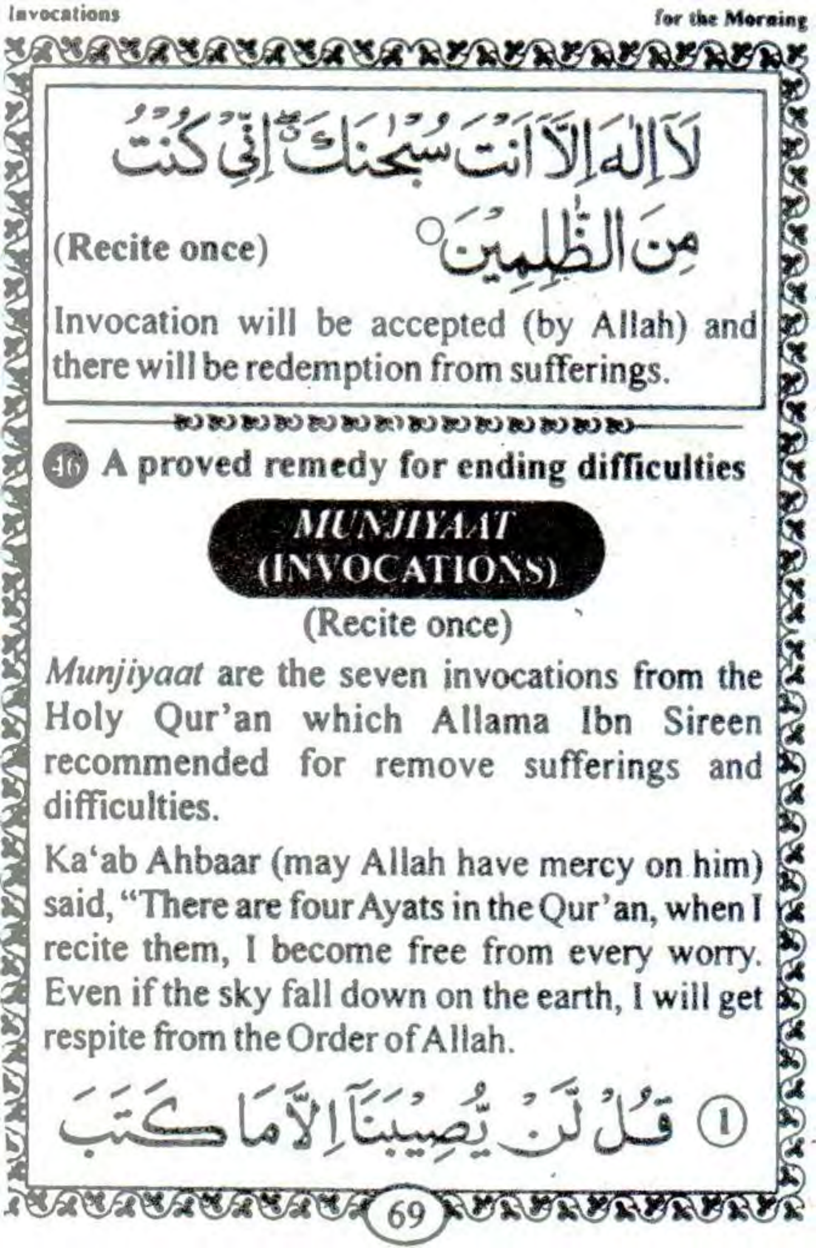
110. "Say: "I am but a man like yourselves, (but) the inspiration has come to me, that your Allah is One Allah: whoever expects to meet his Lord, let him work righteousness, and, in the worship of his Lord, admit no one as partner."

Note: The last Ayats of Surah Kahaf, according to Imam Nawawi, begins from

اَفَحَسِبَ الَّذِيْنَ كَفَرُوْٓا اَنْ يَّتَّخِذُوْا

Explanation: In the commentary of the Surah Kahaf, the commentators have wrote that in the preface of the Surah, the story of *As-hab-e-Kahaf* (People of the Cave) has been narrated which is key to the turbulence of *Dajjal*. The heart which grasps the meaning and have faith in these Ayats, that heart will not be infected by the turbulence of *Dajjal*. Similarly, those servant of Allah, who will keep these Ayats in their heart (by understanding) and in their mind (by learning), they will also be protected from *fitnah* (turbulence) of *Dajjal*.

(Anwaarul Bayaan 5/454, Ma'ariful Hadith 5/94-95, Sahih Muslim 1/271)



لَآ اِلٰهَ اِلَّآ اَنْتَ سُبْحٰنَكَ اِنِّیْ كُنْتُ مِنَ الظّٰلِمِیْنَ

(Recite once)

Invocation will be accepted (by Allah) and there will be redemption from sufferings.

46 A proved remedy for ending difficulties

MUNJIYAAT (INVOCATIONS)

(Recite once)

Munjiyaat are the seven invocations from the Holy Qur'an which Allama Ibn Sireen recommended for remove sufferings and difficulties.

Ka'ab Ahbaar (may Allah have mercy on him) said, "There are four Ayats in the Qur'an, when I recite them, I become free from every worry. Even if the sky fall down on the earth, I will get respite from the Order of Allah.

(1) قُلْ لَّنْ يُّصِيْبَنَآ اِلَّا مَا كَتَبَ

اللّٰهُ لَنَا ۚ هُوَ مَوْلٰىنَا ۚ وَعَلَى اللّٰهِ فَلْيَتَوَكَّلِ الْمُؤْمِنُوْنَ ﴿٥١﴾

Translation: Say: "Nothing will happen to us except what Allah has decreed for us: He is our protector": and on Allah let the Believers put their trust. (Surah Tauba: 51)

② وَاِنْ يَّمْسَسْكَ اللّٰهُ بِضُرٍّ فَلَا كَاشِفَ لَهٗۤ اِلَّا هُوَ ۚ وَاِنْ يُّرِدْكَ بِخَيْرٍ فَلَا رَآدَّ لِفَضْلِهٖ ؕ يُصِيْبُ بِهٖ مَنْ يَّشَآءُ مِنْ عِبَادِهٖ ؕ وَهُوَ الْغَفُوْرُ الرَّحِيْمُ ﴿١٠٧﴾

Translation: And if Allah touches you with harm, there is none who can remove it but He; and if He intends any good for you, there is none who can repel His Favour which He causes it to reach whomsoever of His slaves He wills. And He is the Oft-Forgiving, the Most Merciful.

(Surah Yunus: 107)

③ وَمَا مِنْ دَآبَّةٍ فِي الْأَرْضِ إِلَّا عَلَى اللَّهِ رِزْقُهَا وَيَعْلَمُ مُسْتَقَرَّهَا وَمُسْتَوْدَعَهَا ۚ كُلٌّ فِي كِتَٰبٍ مُّبِينٍ ﴿٦﴾

Translation: There is no moving creature on earth but its sustenance depends on Allah: He knows the time and place of its definite abode and its temporary deposit: All is in a clear Record. (Surah Hud: 06)

④ إِنِّي تَوَكَّلْتُ عَلَى اللَّهِ رَبِّي وَرَبِّكُمْ ۚ مَا مِنْ دَآبَّةٍ إِلَّا هُوَ آخِذٌ بِنَاصِيَتِهَا ۚ إِنَّ رَبِّي عَلَىٰ صِرَاطٍ مُّسْتَقِيمٍ ﴿٥٦﴾

Translation: I put my trust in Allah, my Lord and your Lord! There is not a moving creature, but He has grasp of its fore-lock. Verily, it is my Lord that is on a straight Path. (Surah Hud: 56)

⑤ وَكَأَيِّنْ مِّنْ دَآبَّةٍ لَّا تَحْمِلُ رِزْقَهَا ۖ اللَّهُ يَرْزُقُهَا وَإِيَّاكُمْ ۚ وَهُوَ السَّمِيعُ الْعَلِيمُ ﴿٦٠﴾

Translation: How many are the creatures that carry not their own sustenance? It is Allah who feeds (both) them and you: for He hears and knows (all things). (Surah Ankaboot: 60)

⑥ مَا يَفْتَحِ اللّٰهُ لِلنَّاسِ مِنْ رَّحْمَةٍ فَلَا مُمْسِكَ لَهَا ۚ وَمَا يُمْسِكْ ۙ فَلَا مُرْسِلَ لَهٗ مِنْ بَعْدِهٖ ۗ وَهُوَ الْعَزِيْزُ الْحَكِيْمُ ﴿۲﴾

Translation: What Allah out of His Mercy does bestow on mankind there is none can withhold: what He does withhold, there is none can grant, apart from Him: and He is the Exalted in Power, full of Wisdom. (Surah Fatir: 2)

⑦ وَلَئِنْ سَاَلْتَهُمْ مَّنْ خَلَقَ السَّمٰوٰتِ وَالْاَرْضَ لَيَقُوْلُنَّ اللّٰهُ ۗ قُلْ اَفَرَءَيْتُمْ مَّا تَدْعُوْنَ مِنْ دُوْنِ اللّٰهِ اِنْ اَرَادَنِيَ اللّٰهُ بِضُرٍّ هَلْ هُنَّ كٰشِفٰتُ ضُرِّهٖٓ اَوْ اَرَادَنِيْ بِرَحْمَةٍ هَلْ هُنَّ مُمْسِكٰتُ رَحْمَتِهٖ ۗ قُلْ حَسْبِيَ

اللّٰهُ عَلَيْهِ يَتَوَكَّلُ الْمُتَوَكِّلُوْنَ ﴿٣٨﴾

Translation: If indeed you ask them who it is that created the heavens and the earth, they would be sure to say, "Allah". Say:'See you then? the things that you invoke besides Allah,- can they, if Allah wills some Penalty for me, remove His Penalty? Or if He wills some Grace for me, can they keep back His Grace?' Say: 'Sufficient is Allah for me! In Him trust those who put their trust.' (Surah Zumar: 38)

Virtue: It is narrated that whoever would always recite these Ayats, the difficulty as greater as mountain of Uhud would be driven out by Allah with the blessings of these Ayats.

Hazrat Ali (R.A.) said, "Whoever makes these Ayats his daily recital, he will be saved from every kind of ordeal and protected from the plots of the enemies."

Note: Recite *Munjiyaat* once in the evening also.

INVOCATIONS FOR THE EVENING

It is preferable that the invocations of the evening should be completed in between Asr and Isha Salah.

Note: It is recommended that invocations of evening should be recited any time between Asr Salah and true dawn.

بِسْمِ اللّٰهِ الرَّحْمٰنِ الرَّحِيْمِ ○

In the name of Allah, the Most Beneficial, the Most Merciful.

1 Remedy for achieve the security of Allah and to get the *Shaitaan* (Satan) stay away

Ayatul Kursi (Recite once)

اَللّٰهُ لَآ اِلٰهَ اِلَّا هُوَ ج اَلْحَیُّ الْقَیُّوْمُ ج لَا
تَاْخُذُهٗ سِنَةٌ وَّلَا نَوْمٌ ط لَهٗ مَا فِی
السَّمٰوٰتِ وَمَا فِی الْاَرْضِ مَنْ ذَا الَّذِیْ
یَشْفَعُ عِنْدَهٗٓ اِلَّا بِاِذْنِهٖ ط یَعْلَمُ مَا بَیْنَ

أَيْدِيهِمْ وَمَا خَلْفَهُمْ ۚ وَلَا يُحِيطُونَ بِشَيْءٍ مِّنْ عِلْمِهِ إِلَّا بِمَا شَاءَ ۚ وَسِعَ كُرْسِيُّهُ السَّمٰوٰتِ وَالْأَرْضَ ۚ وَلَا يَئُودُهُ حِفْظُهُمَا ۚ وَهُوَ الْعَلِيُّ الْعَظِيمُ ○

__Translation__: Allah! There is no god but He,-the Living, the Self-subsisting, Eternal. No slumber can seize Him nor sleep. His are all things in the heavens and on earth. Who is there can intercede in His presence except as He permit? He knows what (appears to His creatures as) before or after or behind them. Nor shall they compass aught of His knowledge except as He wills. His Throne does extend over the heavens and the earth, and He feels no fatigue in guarding and preserving them, for He is the Most High, the Supreme (in glory).

(Surah Baqara; 255)

Virtue: Whoever recites Ayatul Kursi while going to bed, he comes under the security of Allah and Satan does not come close to him.

(Fat-hul Bari 4/487)

2 The Prophetic remedy for the welfare of oneself

Last two verses of Surah Baqarah

(Recite once)

اٰمَنَ الرَّسُوْلُ بِمَآ اُنْزِلَ اِلَيْهِ مِنْ رَّبِّهٖ وَ
الْمُؤْمِنُوْنَ ۭ كُلٌّ اٰمَنَ بِاللّٰهِ وَمَلٰۗىِٕكَتِهٖ وَكُتُبِهٖ وَ
رُسُلِهٖ قف لَا نُفَرِّقُ بَيْنَ اَحَدٍ مِّنْ رُّسُلِهٖ قف وَ
قَالُوْا سَمِعْنَا وَاَطَعْنَا ڨ غُفْرَانَكَ رَبَّنَا وَاِلَيْكَ
الْمَصِيْرُ ۝٢٨٥ لَا يُكَلِّفُ اللّٰهُ نَفْسًا اِلَّا وُسْعَهَا ۭ لَهَا
مَا كَسَبَتْ وَعَلَيْهَا مَا اكْتَسَبَتْ ۭ رَبَّنَا لَا تُؤَاخِذْنَآ
اِنْ نَّسِيْنَآ اَوْ اَخْطَاْنَا ۚ رَبَّنَا وَلَا تَحْمِلْ
عَلَيْنَآ اِصْرًا كَمَا حَمَلْتَهٗ عَلَى الَّذِيْنَ
مِنْ قَبْلِنَا ۚ رَبَّنَا وَلَا تُحَمِّلْنَا مَا لَا طَاقَةَ
لَنَا بِهٖ ۚ وَاعْفُ عَنَّا وقفة وَاغْفِرْ لَنَا وقفة
وَارْحَمْنَا وقفة اَنْتَ مَوْلٰىنَا فَانْصُرْنَا عَلَى
الْقَوْمِ الْكٰفِرِيْنَ ۝٢٨٦

<u>**Translation**</u>: **285.** The Messenger (Muhammad *Sallallahu 'Alaihi Wasallam*) believes in what has been sent down to him from his Lord, and (so do) the believers. Each one believes in Allah, His Angels, His Books, and His Messengers. (They say,) "We make no distinction between one another of His Messengers"–and they say, "We hear, and we obey. (We seek) Your forgiveness, our Lord, and to You is the return (of all)." **286.** Allah burdens not a person beyond his scope. He gets reward for that (Good) which he has earned, and he is punished for that (Evil) which he has earned. "Our Lord! Punish us not if we forget or fall into error, our Lord! Lay not on us a burden like that which You did lay on those before us (Jews and Christians); our Lord! Put not on us a burden greater than we have strength to bear. Pardon us and grant us forgiveness. Have mercy on us. You are our *Maula* (Patron, Supporter and Protector) and give us victory over the disbelieving people."

Virtue: Whoever would recite the last two Ayats of Surah Baqarah, he will be greatly rewarded. (Fat-hul Bari 9/94, Sahih Muslim 1/554)

3 Invocation for protection from poisonous creatures

(Recite thrice Surah Ikhlaas, Surah Falaq and Surah Naas)

SURAH IKHLAAS

بِسْمِ اللّٰهِ الرَّحْمٰنِ الرَّحِيْمِ ○

قُلْ هُوَ اللّٰهُ اَحَدٌ ① اَللّٰهُ الصَّمَدُ ② لَمْ يَلِدْ ۙ وَلَمْ يُوْلَدْ ③ وَلَمْ يَكُنْ لَّهٗ كُفُوًا اَحَدٌ ④

Translation :

In the name of Allah, the Most Beneficial, the Most Merciful.
1. Say: He is Allah, the One and Only; 2. Allah, the Eternal, Absolute; 3. He begets not, nor is He begotten; 4. And there is none like unto Him.

SURAH FALAQ

بِسْمِ اللّٰهِ الرَّحْمٰنِ الرَّحِيْمِ ○

قُلْ اَعُوْذُ بِرَبِّ الْفَلَقِ ① مِنْ شَرِّ مَا خَلَقَ ② وَمِنْ شَرِّ غَاسِقٍ اِذَا وَقَبَ ③ وَمِنْ شَرِّ النَّفّٰثٰتِ

فِى الْعُقَدِ ﴿٤﴾ وَمِنْ شَرِّ حَاسِدٍ إِذَا حَسَدَ ﴿٥﴾

Translation :

In the name of Allah, the Most Beneficial, the Most Merciful.
1. Say: I seek refuge with the Lord of the Dawn. 2. From the mischief of created things; 3. From the mischief of Darkness as it overspreads; 4. From the mischief of those who practise secret arts; 5. And from the mischief of the envious one as he practises envy.

SURAH NAAS

بِسْمِ اللّٰهِ الرَّحْمٰنِ الرَّحِيْمِ ○

قُلْ اَعُوْذُ بِرَبِّ النَّاسِ ﴿١﴾ مَلِكِ النَّاسِ ﴿٢﴾
اِلٰهِ النَّاسِ ﴿٣﴾ مِنْ شَرِّ الْوَسْوَاسِ الْخَنَّاسِ ﴿٤﴾
الَّذِىْ يُوَسْوِسُ فِىْ صُدُوْرِ النَّاسِ ﴿٥﴾
مِنَ الْجِنَّةِ وَالنَّاسِ ﴿٦﴾

Translation :

In the name of Allah, the Most Beneficial, the Most Merciful.
1. Say: I seek refuge with the Lord and

Cherisher of Mankind, 2. The King (or Ruler) of Mankind, 3. The God (or judge) of Mankind,- 4. From the mischief of the Whisperer (of Evil), who withdraws (after his whisper),- 5. (The same) who whispers into the hearts of Mankind,- 6. Among Jinns and among men.

Virtue: Any person who recite thrice Surah Ikhlaas, Surah Falaq and Surah Naas in the evening, he will be safeguarded by all kinds of poisonous creatures.

(Tirmidhi 3/182, Abu Dawood 4/508)

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4 Invocation for achieving benefit in this World and in the Hereafter

(Recite 7 times)

"حَسْبِيَ اللّٰهُ لَآ اِلٰهَ اِلَّا هُوَ عَلَيْهِ تَوَكَّلْتُ وَهُوَ رَبُّ الْعَرْشِ الْعَظِيْمِ"

<u>Translation</u>: Allah is enough for me, There is none worthy of worship, but Him. I placed trust in Him. He is the Owner of Majestic Heavens.

Virtue: A person who recites this invocation

seven times in the evening, Allah is enough to remove all worldly distress and it will also give benefit in the Hereafter.

(*Amal Al-Yaum wal-Lailah* by Ibnus Sunni, p. 38 & 77; Abu Dawood 4/321: *Jayyed*)

Note: Recitation of above mentioned Dua sincerely or insincerely will remove problems.

(Hayatus Sahaba 3/342-343)

5 To get redemption from Hell

(Recite 4 times)

"اَللّٰهُمَّ اِنِّيْ اَمْسَيْتُ اُشْهِدُكَ وَاُشْهِدُ حَمَلَةَ عَرْشِكَ وَمَلَآئِكَتَكَ وَجَمِيْعَ خَلْقِكَ اَنَّكَ اَنْتَ اللّٰهُ لَآ اِلٰهَ اِلَّآ اَنْتَ وَحْدَكَ لَا شَرِيْكَ لَكَ وَاَنَّ مُحَمَّدًا عَبْدُكَ وَرَسُوْلُكَ"

Translation: O Allah! I spent my evening making You, Your angels, which carry Your heavens, all other angels and Your all creatures,

as a witness, that there is none worthy of worship except You. You are Alone and You have no partner and this is definitive that Muhammad (peace be upon him) is Your slave and Messenger.

Virtue: Whoever would recite this invocation four times in the evening, Allah will grant him redemption from *Jahannam* (Hell).

(Abu Dawood 4/317, Bukhari fi Adabil Mufrad: 1201)

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6 Invocation for the accomplishment of blessings of Allah (Recite thrice)

"اَللّٰهُمَّ اِنِّيْ اَمْسَيْتُ مِنْكَ فِيْ نِعْمَةٍ وَّعَافِيَةٍ وَّسِتْرٍ فَاَتِمَّ عَلَيَّ نِعْمَتَكَ وَعَافِيَتَكَ وَسِتْرَكَ فِي الدُّنْيَا وَالْاٰخِرَةِ"

__Translation__: O Allah! Indeed, I spent my evening with the grants of Your blessings, satisfaction and Your keeping secret of my sins. Therefore, complete Your grant of blessings, Your peace and Your keeping secret of my sins in this world and in the Hereafter.

Virtue: Whoever would recite this invocation thrice, Allah will accomplish His blessings on him. (Ibnus Sunni fi Amalil Yaum wal Lailah, p. 55)

7 Invocation to give thanks to Allah

(Recite once)

"اَللّٰهُمَّ مَآ اَمْسٰى بِيْ مِنْ نِّعْمَةٍ اَوْ بِاَحَدٍ مِّنْ خَلْقِكَ فَمِنْكَ وَحْدَكَ لَا شَرِيْكَ لَكَ فَلَكَ الْحَمْدُ وَلَكَ الشُّكْرُ"

Translation: Of whatever the blessing I have or Your other creatures have been blessed in the evening, it is only from You and there is no partner of You in (the creation of) them. Therefore, all praises are due to You and You are the Only Worthy of all thanks.

Virtue: Whoever recites this invocation once in the evening, it is to give thanks for blessings of the past night.

(Abu Dawood 4/318)

8 Invocation through which Allah will be pleased on the Day of Judgement

(Recite thrice)

"رَضِيتُ بِاللّٰهِ رَبًّا وَّبِالْإِسْلَامِ دِيْنًا وَّبِمُحَمَّدٍ صَلَّى اللّٰهُ عَلَيْهِ وَسَلَّمَ نَبِيًّا"

Translation: I am pleased with Allah as my Lord, Islam as my *Deen* (religion) and Muhammad (peace be upon him) as His Messenger.

Virtue: Whoever recites this invocation thrice in the evening, Allah will be pleased to him (on the Day of Judgement).

(Abu Dawood, Ahmed 4/337, Tirmidhi 3/141)

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9 The Prophetic remedy to achieve the benefits of this world and the Hereafter

(Recite once)

"يَا حَيُّ يَا قَيُّوْمُ بِرَحْمَتِكَ أَسْتَغِيْثُ أَصْلِحْ لِيْ شَأْنِيْ كُلَّهٗ وَلَا تَكِلْنِيْ

"إِلَىٰ نَفْسِي طَرْفَةَ عَيْنٍ"

Translation: O! the Ever-living, O! the Sustainer of the creatures; I ask Your help through Your mercy that You set right all my matters and do not give me in possession of my *Nafs* (disposition).

Virtue: Whoever recites this invocation once, he has asked for all kinds of good in this world and the Hereafter.

(Hakim; At-Targhib wat-Tarhib 1/283)

Note: The Holy Prophet (peace be upon him) recommended his daughter, Fatimah (R.A.) to recite this invocation regularly.

(Baihaqi reported by Anas)

10 Invocation for the unexpected misfortune (Recite thrice)

"بِسْمِ اللهِ الَّذِي لَا يَضُرُّ مَعَ اسْمِهِ شَيْءٌ فِي الْأَرْضِ وَلَا فِي السَّمَاءِ وَهُوَ السَّمِيعُ الْعَلِيمُ"

Translation: I begin my morning with the

Name of Allah, due to the auspiciousness of which nothing could do any harm, neither in the earth nor in the heaven. He is All-Hearer and All-Knower.

Virtue: Whoever recites this invocation thrice in the evening, he is protected from unexpected misfortune. (Abu Dawood, Tirmidhi)

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11 The Prophetic remedy for getting relief from the body ailment (Recite thrice)

"اَللّٰهُمَّ عَافِنِیْ فِیْ بَدَنِیْ ، اَللّٰهُمَّ عَافِنِیْ فِیْ سَمْعِیْ ، اَللّٰهُمَّ عَافِنِیْ فِیْ بَصَرِیْ لَآ اِلٰهَ اِلَّآ اَنْتَ ، اَللّٰهُمَّ اِنِّیْٓ اَعُوْذُ بِكَ مِنَ الْكُفْرِ وَالْفَقْرِ وَاَعُوْذُ بِكَ مِنْ عَذَابِ الْقَبْرِ لَآ اِلٰهَ اِلَّآ اَنْتَ"

<u>Translation</u>: O Allah! Keep my body in good health, keep my ears in (Your) protection, keep my eyes in (Your) protection, there is none to be worshipped but You. I seek refuge in You from *Kufr* (disbelief) and dependency. I seek refuge

in You from the ordeal of grave. There is none to be worshipped but You.

Virtue: Recite thrice the above mentioned invocation in evening. It is hoped that Allah will safeguard him from every kind of harm. Recite the translation carefully and devotedly.

(Abu Dawood, Ibn Majah 3/142)

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12 Invocation for protection from the whispers of Satan (Recite once)

"اَللّٰهُمَّ فَاطِرَ السَّمٰوٰتِ وَالْاَرْضِ عَالِمَ الْغَيْبِ وَالشَّهَادَةِ رَبَّ كُلِّ شَيْءٍ وَّمَلِيْكَهٗ اَشْهَدُ اَنْ لَّآ اِلٰهَ اِلَّآ اَنْتَ اَعُوْذُبِكَ مِنْ شَرِّ نَفْسِيْ وَمِنْ شَرِّ الشَّيْطَانِ وَشِرْكِهٖ وَاَنْ اَقْتَرِفَ عَلٰى نَفْسِيْ سُوْٓءًا اَوْ اَجُرَّهٗٓ اِلٰى مُسْلِمٍ"

Translation: O Allah! the Creator of the earth and the heavens, the Knower of all that is apparent and hidden, the Sustainer of all the things and Real Master of all (Creatures). I give witness that none has the right to be worshipped but You. I seek refuge in You from the evil of my *Nafs* (disposition) and the evil of *Shaitaan* (Satan) and from the evil act that I may commit which may plagued my *Nafs* (disposition) or that I inflict any evil upon any Muslim (brother).

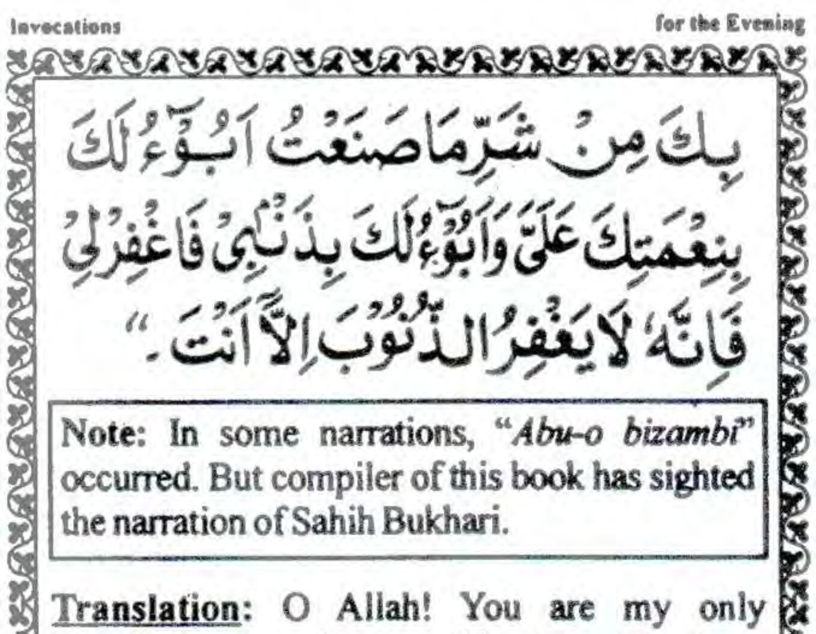
Virtue: Any person who recites this invocation in the evening, he will be protected from the whispers of *Shaitaan* (Satan).

(Abu Dawood, Tirmidhi 3/142)

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15 Invocation for entrance into *Jannah* (Paradise) (Recite once)

اَللّٰهُمَّ اَنْتَ رَبِّيْ لَآ اِلٰـهَ اِلَّآ اَنْتَ
خَلَقْتَنِيْ وَاَنَا عَبْدُكَ وَاَنَا عَلٰى
عَهْدِكَ وَوَعْدِكَ مَا اسْتَطَعْتُ اَعُوْذُ



بِكَ مِنْ شَرِّ مَا صَنَعْتُ اَبُوْءُ لَكَ
بِنِعْمَتِكَ عَلَيَّ وَاَبُوْءُ لَكَ بِذَنْبِيْ فَاغْفِرْلِيْ
فَاِنَّهٗ لَا يَغْفِرُ الذُّنُوْبَ اِلَّا اَنْتَ".

Note: In some narrations, "*Abu-o bizambi*" occurred. But compiler of this book has sighted the narration of Sahih Bukhari.

Translation: O Allah! You are my only Sustainer. There is no god but You. You have created me and I am Your slave. I am standing firm up to my capabilities on my promises that I made to you. I seek refuge in You from evil action that I committed, I acknowledge Your bounties that You bestowed on me. And I admit my mistakes. Forgive my sins since there is no one to forgive me except You.

Virtue: Whoever recites this invocation in the evening with trust, and if he dies that night he will enter *Jannah* (Paradise).

(Bukhari 11/97-98)

14 Invocation for attaining all kind of peace

(Recite once)

"اَللّٰهُمَّ اِنِّیْٓ اَسْئَلُكَ الْعَفْوَ وَالْعَافِيَةَ فِى الدُّنْيَا وَالْاٰخِرَةِ، اَللّٰهُمَّ اِنِّیْٓ اَسْئَلُكَ الْعَفْوَ وَالْعَافِيَةَ فِىْ دِيْنِىْ وَدُنْيَاىَ وَاَهْلِىْ وَمَالِىْ، اَللّٰهُمَّ اسْتُرْ عَوْرَاتِىْ وَاٰمِنْ رَوْعَاتِىْ، اَللّٰهُمَّ احْفَظْنِىْ مِنْ بَيْنِ يَدَىَّ وَمِنْ خَلْفِىْ وَعَنْ يَّمِيْنِىْ وَعَنْ شِمَالِىْ وَمِنْ فَوْقِىْ وَاَعُوْذُ بِعَظَمَتِكَ اَنْ اُغْتَالَ مِنْ تَحْتِىْ"

Translation: O Allah! I ask for peace in this world and in the Hereafter. O Allah, I ask for forgiveness and safeguarding of my *Deen* (Religion), peace in my family, in my wealth. O Allah cover up my mistakes and remove fear from me, O Allah, protect me from my front and my behind, from my left and right and from

above and below. I seek shelter in Your Greatness from being killed from my below.

Virtue: The Holy Prophet (peace be upon him) never abandoned the recitation of this invocation. It is a remedy to achieve all kind of peace and security. (Abu Dawood, Ibn Majah 2/332)

⓯ Invocation for the dissipation of grief and payment of the debts (Recite once)

"اَللّٰهُمَّ اِنِّیْ اَعُوْذُبِكَ مِنَ الْهَمِّ وَالْحَزَنِ وَاَعُوْذُبِكَ مِنَ الْعَجْزِ وَالْكَسَلِ، وَ اَعُوْذُبِكَ مِنَ الْجُبْنِ وَالْبُخْلِ، وَاَعُوْذُ بِكَ مِنْ غَلَبَةِ الدَّيْنِ وَقَهْرِ الرِّجَالِ"

Note: Both recitation *i.e.*, "*al-hazan*" or "*al-huzn*" are correct.

Translation: O Allah! I seek refuge in You from distress and sorrow, from discourage and indolence. I seek refuge in You from cowardice

and miserliness, and from debts and oppression of the people.

Virtue: The person who recites this invocation in the evening will get redemption from his grief and his debts will be paid off. (Abu Dawood)

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16 The Prophetic remedy for getting redemption from *Jahannam* (Hell)

(Recite 7 times)

"اَللّٰهُمَّ اَجِرْنِيْ مِنَ النَّارِ"

<u>Translation</u>: O Allah! save me from the Fire of Hell.

Virtue: Whoever would recite the above mentioned *du'a* after Maghrib prayer seven times, Allah will grant his redemption from *Jahannam* (Hell). (Abu Dawood)

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17 Invocation to get bounties from Allah according to His status (Recite once)

يَارَبِّ لَكَ الْحَمْدُ كَمَا يَنْبَغِيْ لِجَلَالِ

وَجْهِكَ وَعَظِيمِ سُلْطَانِكَ"

<u>Translation</u>: O Lord! all praises be to You. The praises which suit Your Glory, and Your Greatness of dominance.

Virtue: When the servant of Allah recites the above mentioned invocation, Allah will reward him as per status that suits Him.

(Ahmed and Ibn Majah)

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18 Invocation for protection from poisonous creatures (Recite thrice)

"أَعُوذُ بِكَلِمَاتِ اللهِ التَّامَّاتِ مِنْ شَرِّ مَا خَلَقَ"

<u>Translation</u>: I seek refuge in Allah through His complete and powerful Words from the evil of all creatures.

Virtue: Whoever recites this invocation thrice in the evening, he will be protected from poisonous creatures, even if he is bitten by it.

(Abu Dawood, Tirmidhi, Ibn Majah 2/232)

19 Invocation for redemption from troubles

(Recite once)

"اَللّٰهُمَّ اَنْتَ رَبِّيْ لَآ اِلٰهَ اِلَّا اَنْتَ، عَلَيْكَ
تَوَكَّلْتُ وَاَنْتَ رَبُّ الْعَرْشِ الْعَظِيْمِ
مَاشَآءَ اللّٰهُ كَانَ وَمَالَمْ يَشَأْ لَمْ
يَكُنْ وَلَاحَوْلَ وَلَا قُوَّةَ اِلَّا بِاللّٰهِ الْعَلِيِّ
الْعَظِيْمِ، اَعْلَمُ اَنَّ اللّٰهَ عَلٰى كُلِّ
شَيْءٍ قَدِيْرٌ، وَاَنَّ اللّٰهَ قَدْ اَحَاطَ
بِكُلِّ شَيْءٍ عِلْمًا، اَللّٰهُمَّ اِنِّيْٓ اَعُوْذُ
بِكَ مِنْ شَرِّ نَفْسِيْ وَمِنْ شَرِّ
كُلِّ دَآبَّةٍ اَنْتَ اٰخِذٌۢ بِنَاصِيَتِهَا،
اِنَّ رَبِّيْ عَلٰى صِرَاطٍ مُّسْتَقِيْمٍ"

Translation: O Allah! You are my Cherisher and Sustainer. There is no god except You. I have placed my reliance on You. You are the Owner of great heavens. Whatever he likes to happen, it happens and whatever he do not like to happen, it do not happens. We get power for doing good deeds and avoiding sins from Allah, Who is the Highest and Greatest. I have faith that Allah have the Dominance over everything and that His knowledge encompasses everything. O Allah! I seek refuge in You from evil of my *Nafs* (Disposition) and the evil of every animal whose forehead is under Your control. Indeed, my Lord is on the Straight Path.

Virtue: Any person who recites this invocation once in the evening, he will not get any harm till morning. (Ibnus-Sunni and Abu Dawood reported by daughters of Prophet)

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(20) Invocation to seek forgiveness from Allah (Recite once)

"اَللّٰهُمَّ هٰذَا اِقْبَالُ لَيْلِكَ وَاِدْبَارُ نَهَارِكَ

وَاَصْوَاتُ دُعَاتِكَ فَاغْفِرْلِيْ"

Translation: O Allah! this is the time for coming of night, elapsing of the day and calling towards You (*i.e.*, for *Salah*). Therefore, forgive me. (Abu Dawood, Hakim in *Mustadrak* 1/199, Imam Dhahabi:Hadith is Sahih)

> **Note:** Recite once this invocation after the *Adhan* (call of prayer) of Maghrib.

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21 Recite this invocation by yourself and recommend your family to recite it once

سُبْحَانَ اللّٰهِ عَدَدَ مَا خَلَقَ ـ سُبْحَانَ اللّٰهِ مِلْأَ مَا خَلَقَ ـ سُبْحَانَ اللّٰهِ عَدَدَ مَا فِي الْاَرْضِ وَالسَّمَآءِ ـ سُبْحَانَ اللّٰهِ مِلْأَ مَا فِي الْاَرْضِ وَالسَّمَآءِ ـ سُبْحَانَ اللّٰهِ عَدَدَ مَآ اَحْصٰى كِتَابُهٗ ـ سُبْحَانَ اللّٰهِ

مِلْأَ مَا أَحْصٰى كِتَابُهُ ـ سُبْحَانَ اللّٰهِ عَدَدَ كُلِّ شَيْءٍ ـ سُبْحَانَ اللّٰهِ مِلْأَ كُلِّ شَيْءٍ ـ اَلْحَمْدُ لِلّٰهِ عَدَدَ مَا خَلَقَ ـ اَلْحَمْدُ لِلّٰهِ مِلْأَ مَا خَلَقَ ـ وَالْحَمْدُ لِلّٰهِ عَدَدَ مَا فِي الْأَرْضِ وَالسَّمَآءِ ـ وَالْحَمْدُ لِلّٰهِ مِلْأَ مَا فِي الْأَرْضِ وَالسَّمَآءِ ـ وَالْحَمْدُ لِلّٰهِ عَدَدَ مَآ أَحْصٰى كِتَابُهُ وَالْحَمْدُ لِلّٰهِ مِلْأَ مَآ أَحْصٰى كِتَابُهُ ـ وَالْحَمْدُ لِلّٰهِ عَدَدَ كُلِّ شَيْءٍ ـ وَالْحَمْدُ لِلّٰهِ مِلْأَ كُلِّ شَيْءٍ

__Translation__: I state the Glory of Allah that suits to His status, in a number equal to His creations, I state the Glory of Allah that suits to His status, in a number equal to all the things that are in the heavens and the earth, and equal to their expansion (in the earth and the heaven). I state

the Glory of Allah that suits to His status, in a number equal to those things which have been encompassed by the Book of Allah (The Holy Qur'an), I state the Glory of Allah that suits to His status, equal to the number of everything and equal to their expansion (in the earth and the heaven). Allah is Worthy of all real praises equal to the number of His creations.

Virtue: Learn this invocation by yourself and teach it your children. Recite it yourself and encourage your children to recite it.

Hazrat Abu Umamah (R.A.) said that the Holy Prophet saw me that I was moving my lips. He asked me that why I was moving my lips. I told him that I am making *Zikr* (Remembrance of Allah). He said to me, "May I not tell you the *Zikr* (Remembrance of Allah) which is more weighty than your *Zikr* of day and night and more rewardful." I said, "Of course, do tell me" He told me to recite these words.

It is narrated in Tabrani that the Prophet (peace be upon him) said, "Learn this invocation and teach it to your children".

(Bikhre Moti 2/78-79)

22 Remedy to recompense the discontinuity of the *Zikr* (Recite once)

فَسُبۡحٰنَ اللّٰهِ حِيۡنَ تُمۡسُوۡنَ وَحِيۡنَ تُصۡبِحُوۡنَ ﴿۱۷﴾ وَلَهُ الۡحَمۡدُ فِى السَّمٰوٰتِ وَالۡاَرۡضِ وَعَشِيًّا وَّحِيۡنَ تُظۡهِرُوۡنَ ﴿۱۸﴾ يُخۡرِجُ الۡحَىَّ مِنَ الۡمَيِّتِ وَيُخۡرِجُ الۡمَيِّتَ مِنَ الۡحَىِّ وَيُحۡىِ الۡاَرۡضَ بَعۡدَ مَوۡتِهَا ؕ وَكَذٰلِكَ تُخۡرَجُوۡنَ ﴿۱۹﴾ (Surah Rome: 17-19)

Translation: 17. So (give) glory to Allah, when you reach eventide and when you rise in the morning; **18.** Yes, to Him be praise, in the heavens and on earth; and in the late afternoon and when the day begins to decline. **19.** It is He Who brings out the living from the dead, and brings out the dead from the living, and Who gives life to the earth after it is dead: and thus shall you be brought out (from the dead).

Virtue: It recompenses the discontinuity in the *Zikr* (Remembrance). (Abu Dawood)

It is narrated in the Musnad Ahmed that the Prophet (peace be upon him) asked, "May I tell you why Allah called Hazrat Ibrahim (peace be upon him) as *Khaleel*? Because he used to recite these words till '*Tuzhiroon*'.

(Tafsir Ibn Kathir 4/166)

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23 The Prophetic remedy to become worthy of prayers of Angels in your favour and getting the status of *Shuhada* (Martyrs) on death (Recite thrice)

"أَعُوذُ بِاللّٰهِ السَّمِيعِ الْعَلِيمِ مِنَ الشَّيْطَانِ الرَّجِيمِ"

Translation: I seek refuge in Allah, who is All-Knowing All-Hearing, from *Shaitaan* (Satan).

Surah Hashr: 22 to 24 (Recite once)

"هُوَ اللّٰهُ الَّذِي لَا إِلٰهَ إِلَّا هُوَ ۚ عَالِمُ الْغَيْبِ وَالشَّهَادَةِ ۚ هُوَ الرَّحْمٰنُ الرَّحِيمُ ﴿٢٢﴾ هُوَ اللّٰهُ الَّذِي لَا إِلٰهَ إِلَّا هُوَ ۚ اَلْمَلِكُ

الْقُدُّوسُ السَّلٰمُ الْمُؤْمِنُ الْمُهَيْمِنُ الْعَزِيزُ الْجَبَّارُ الْمُتَكَبِّرُ ۚ سُبْحٰنَ اللّٰهِ عَمَّا يُشْرِكُونَ ﴿٢٣﴾ هُوَ اللّٰهُ الْخَالِقُ الْبَارِئُ الْمُصَوِّرُ لَهُ الْأَسْمَآءُ الْحُسْنٰى ۚ يُسَبِّحُ لَهُ مَا فِي السَّمٰوٰتِ وَالْأَرْضِ ۚ وَهُوَ الْعَزِيزُ الْحَكِيمُ ﴿٢٤﴾

Translation: 22. Allah is He, than Whom there is no other god;- Who knows (all things) both secret and open; He, Most Gracious, Most Merciful. 23. Allah is He, than Whom there is no other god;- the Sovereign, the Holy One, the Source of Peace (and Perfection), the Guardian of Faith, the Preserver of Safety, the Exalted in Might, the Irresistible, the Supreme: Glory to Allah! (High is He) above the partners they attribute to Him. 24. He is Allah, the Creator, the Evolver, the Bestower of Forms (or Colours). To Him belong the Most Beautiful Names: whatever is in the heavens and on earth, does

declare His Praises and Glory: and He is the Exalted in Might, the Wise.

Virtue: Whoever recites the above mentioned Ayat thrice in the evening after reciting

أَعُوذُ بِاللّٰهِ السَّمِيعِ الْعَلِيمِ مِنَ الشَّيْطٰنِ الرَّجِيمِ

thrice, then seventy thousand angels will pray for blessings for him and if he is died on that night he is rewarded the status of *Shaheed* (Martyr). (Tirmidhi)

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24 Invocation for the fulfilment of all wishes

(Recite once)

"اَللّٰهُمَّ اَنْتَ خَلَقْتَنِيْ وَاَنْتَ تَهْدِيْنِيْ وَاَنْتَ تُطْعِمُنِيْ وَاَنْتَ تَسْقِيْنِيْ وَاَنْتَ تُمِيْتُنِيْ وَاَنْتَ تُحْيِيْنِيْ

Translation: O Allah! You have created me and You are the One who has showed me guidance. You are the One who provides me with food and drinking. You will give me death and You will raise me again.

Virtue: Hasan Basari reported from Samura bin Jundub (R.A.) who said, "May I not narrate a Hadith which I heard many times from the Prophet (peace be upon him) and also from Hazrat Abu Bakr and Umar (R.A.)". I said, "Of course, please narrate". He (Samura (R.A.) said, "A person who recites these words in the morning and in the evening, Allah will fulfill his all wishes." (Bikhre Moti, 1/144-145)

25 Invocation for protection against the mischief of Satan (Recite once)

"أَعُوْذُ بِوَجْهِ اللّٰهِ الْكَرِيْمِ وَبِكَلِمَاتِ اللّٰهِ التَّآمَّاتِ الَّتِيْ لَا يُجَاوِزُهُنَّ بَرٌّ وَّلَا فَاجِرٌ مِّنْ شَرِّ مَا يَنْزِلُ مِنَ السَّمَآءِ وَمِنْ شَرِّ مَا يَعْرُجُ فِيْهَا وَشَرِّ مَا ذَرَأَ فِي الْاَرْضِ وَشَرِّ مَا يَخْرُجُ مِنْهَا

وَمِنْ فِتَنِ اللَّيْلِ وَالنَّهَارِ وَمِنْ
طَوَارِقِ اللَّيْلِ وَالنَّهَارِ اِلَّا طَارِقًا
يَّطْرُقُ بِخَيْرٍ يَّارَحْمٰنُ "

<u>**Translation**</u>: I seek refuge in Allah's grace and His complete and powerful Words, which cannot be surpassed by any good or bad person, from the evil which descends from the heaven and from the evil which ascends to the heavens, and from the evil of all the things which are scattered in the world, and from the evil of all the things which comes out of the earth. And (I seek refuge in Allah) from the trial of day and night, from those who are knocking in the day and in the night except those who knocks for good. O the Most Merciful.

Virtue: Due to the recitation of this prayer the Jinn, who wanted to hurt the Prophet (peace be upon him), fell over his face on the ground.

(Muwatta Imam Malik)

26 Invocation for safeguarding from evil of magician and magic (Recite thrice)

"اَمْسَيْنَا وَاَمْسَى الْمُلْكُ لِلّٰهِ وَالْحَمْدُ كُلُّهُ لِلّٰهِ اَعُوْذُ بِاللّٰهِ الَّذِىْ يُمْسِكُ السَّمَآءَ اَنْ تَقَعَ عَلَى الْاَرْضِ اِلَّا بِاِذْنِهٖ مِنْ شَرِّ مَا خَلَقَ وَذَرَاَ وَمِنْ شَرِّ الشَّيْطَانِ وَشِرْكِهٖ"

Translation: We begin our morning for Allah and all His Kingdom begin their morning for Him. All praises be to Allah. I seek refuge in the One Who is containing the heaven from falling on the earth except with His permission, from the evil of His creations which is scattered everywhere, and (I seek refuge in Allah) from the evil of Satan and his making of partner (with Allah).

Virtue: The Holy Prophet (peace be upon him) told Abdullah bin Amr bin Aas that if you would

recite this invocation thrice in the evening, you will be protected from the evil of Satan, foreteller and magician.

(Ibnus-Sunni, p. 66; Ad-Du'a, p. 954; Majma 1/119)

25 Invocation for the protection from evil effect of magic (Recite once)

"أَعُوذُ بِوَجْهِ اللّٰهِ الْعَظِيمِ الَّذِي لَيْسَ شَيْءٌ أَعْظَمَ مِنْهُ وَبِكَلِمَاتِ اللّٰهِ التَّامَّاتِ الَّتِي لَا يُجَاوِزُهُنَّ بَرٌّ وَلَا فَاجِرٌ وَبِأَسْمَاءِ اللّٰهِ الْحُسْنٰى كُلِّهَا مَا عَلِمْتُ مِنْهَا وَمَا لَمْ أَعْلَمْ مِنْ شَرِّ مَا خَلَقَ وَبَرَأَ وَذَرَأَ"

Translation: I seek refuge in Allah, the most Greatest. There is nothing equal to His Greatness. And I seek refuge in His complete and powerful Words, which cannot be surpassed by any good or bad person, and

(I seek refuge in) all the Names of Allah which I know and which I do not know, from the evil of all those things which He created, and created them errorless and scattered them all over.

Virtue: The person who recites this invocation **once in** the evening will be safeguarded from **magic. Hazrat** Ka'ab Ahbar (A.R.) **said that if I had not** recited this invocation, the Jews had **transformed** me into donkey.

(Muwatta Imam Malik)

The Prophetic remedy for protection from every kind of calamity (Recite once)

Recite the following first three Ayats of Surah Momin after Ayatul Kursi in the evening.

Ayatul Kursi

اَللّٰهُ لَآ اِلٰـهَ اِلَّا هُوَ ۚ اَلْحَیُّ الْقَیُّوْمُ ۚ
لَا تَاْخُذُهٗ سِنَةٌ وَّلَا نَوْمٌ ؕ لَهٗ مَا فِی
السَّمٰوٰتِ وَمَا فِی الْاَرْضِ ؕ مَنْ ذَا الَّذِیْ
یَشْفَعُ عِنْدَهٗۤ اِلَّا بِاِذْنِهٖ ؕ یَعْلَمُ مَا بَیْنَ

أَيْدِيهِمْ وَمَا خَلْفَهُمْ ۚ وَلَا يُحِيطُونَ بِشَيْءٍ مِّنْ عِلْمِهِ إِلَّا بِمَا شَآءَ ۚ وَسِعَ كُرْسِيُّهُ السَّمٰوٰتِ وَالْأَرْضَ ۚ وَلَا يَئُودُهُ حِفْظُهُمَا ۚ وَهُوَ الْعَلِيُّ الْعَظِيمُ ○

Translation: Allah! There is no god but He,-the Living, the Self-subsisting, Eternal. No slumber can seize Him nor sleep. His are all things in the heavens and on earth. Who is there can intercede in His presence except as He permit? He knows what (appears to His creatures as) before or after or behind them. Nor shall they compass aught of His knowledge except as He wills. His Throne does extend over the heavens and the earth, and He feels no fatigue in guarding and preserving them, for He is the Most High, the Supreme (in glory).

(Surah Baqara: 255)

First three Ayats of Surah Momin

حٰمٓ ۞ تَنْزِيلُ الْكِتٰبِ مِنَ اللّٰهِ

الْعَزِيْزِ الْعَلِيْمِ ۝٢ غَافِرِ الذَّنْبِ وَ قَابِلِ التَّوْبِ شَدِيْدِ الْعِقَابِ ۙ ذِى الطَّوْلِ ۗ لَآ اِلٰهَ اِلَّا هُوَ ۗ اِلَيْهِ الْمَصِيْرُ ۝٣

Translation: 1. The believers must (eventually) win through, 2. Those who humble themselves in their prayers; 3. Who avoid vain talk?

Virtue: A person who recite first three Ayats of Surah Momin after Ayatul Kursi in the evening, he will be safeguarded from every evil on that night. (Ibnus-Sunni, p. 31; Anwaarul Bayaan 8/113)

Invocation for protection from the mischief of Jinns (Recite once)

Surah Mominoon: 115 to 118

اَفَحَسِبْتُمْ اَنَّمَا خَلَقْنٰكُمْ عَبَثًا وَّاَنَّكُمْ اِلَيْنَا لَا تُرْجَعُوْنَ ۝١١٥ فَتَعٰلَى

اللَّهُ الْمَلِكُ الْحَقُّ ۚ لَا إِلَٰهَ إِلَّا هُوَ ۚ
رَبُّ الْعَرْشِ الْكَرِيمِ ﴿١١٦﴾ وَمَن
يَدْعُ مَعَ اللَّهِ إِلَٰهًا آخَرَ لَا بُرْهَانَ
لَهُ بِهِ فَإِنَّمَا حِسَابُهُ عِندَ رَبِّهِ ۚ إِنَّهُ لَا
يُفْلِحُ الْكَافِرُونَ ﴿١١٧﴾ وَقُل رَّبِّ اغْفِرْ
وَارْحَمْ وَأَنتَ خَيْرُ الرَّاحِمِينَ ﴿١١٨﴾

__Translation__: 115. "Did you then think that We had created you in jest, and that you would not be brought back to Us (for account)?" 116. Therefore, exalted be Allah, the King, the Reality: there is no god but He, the Lord of the Throne of Honour! 117. If anyone invokes, besides Allah, any other god, he has no authority therefor; and his reckoning will be only with his Lord! and verily the Unbelievers will fail to win through! 118. So say: "O my Lord! grant You forgiveness and mercy, for You are the Best of those who show mercy!"

Virtue: There is a narration of Ibn Abi Hatim that a person who was possessed by Jinn came to Abdullah bin Masood (R.A.), who recited the above mentioned Ayats and blew over his ear, he got cured. When it was mentioned before the Prophet (peace be upon him) he asked, 'Abdullah! what did you recite in his ear?' Abdullah told him about it. He (peace be upon him) said, "You have given him life by blowing this *du'a* (invocation) in his ear. I swear by Allah that if a person having faith would recite it on a mountain, it will also remove it from its place."

Abu Nuaim narrated: The Prophet (peace be upon him) sent us with troops and told us to recite the aforementioned Ayats day and night. So we recited them continuously in both the times. Praise be to Allah, we returned safe with booty. (Tafsir Ibn Kathir 3/474)

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(30) Invocation to be recited when somebody is waiting for some news (Recite once)

" اَللّٰهُمَّ اِنِّیۡ اَسْئَلُكَ مِنْ فُجَاءَةِ

الْخَيْرِ وَأَعُوْذُ بِكَ مِنْ فُجَاءَةِ الشَّرِّ "

Translation: O Allah! I ask for unexpected good and I seek refuge in You from unexpected evil.

Virtue: It is narration in Hadith that the Prophet (peace be upon him) used to recite this invocation during evening.

Therefore, if one is expecting some news and event, he should recite this invocation.

(Kitabul Azkaar p.104)

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31 (Recite once)

" أَمْسَيْنَا وَأَمْسَى الْمُلْكُ لِلّٰهِ رَبِّ الْعَالَمِيْنَ ، اَللّٰهُمَّ إِنِّيْ أَسْئَلُكَ خَيْرَ هٰذِهِ اللَّيْلَةِ فَتْحَهَا وَنَصْرَهَا وَنُوْرَهَا وَبَرَكَتَهَا وَهُدَاهَا وَأَعُوْذُبِكَ مِنْ شَرِّ مَا فِيْهَا وَشَرِّ مَا بَعْدَهَا "

Translation: Our evening has started and the evening of the Lord of the Worlds has started. O Allah, I ask for the good of this night, I ask for victory, success, radiance, blessings and guidance of this night. And I seek refuge in You from the evil of this night and evil after this night. (Hisne Haseen; Purnoor Du'a, p. 32)

32 (Recite once)

اَمۡسَيۡنَا عَلٰى فِطۡرَةِ الۡاِسۡلَامِ وَكَلِمَةِ الۡاِخۡلَاصِ وَعَلٰى دِيۡنِ نَبِيِّنَا مُحَمَّدٍ صَلَّى اللّٰهُ عَلَيۡهِ وَسَلَّمَ وَعَلٰى مِلَّةِ اَبِيۡنَآ اِبۡرَاهِيۡمَ حَنِيۡفًا مُّسۡلِمًا وَّمَا كَانَ مِنَ الۡمُشۡرِكِيۡنَ

Translation: We started our evening on the nature of Islam and on the *Deen* (Religion) of our beloved Prophet Muhammad (peace be upon him) and on the nation of our leader

Ibrahim (peace be upon him) who was a monotheist, a muslim and not a *Mushrik* (the one who ascribes partners with Allah).

(Hisne Haseen, p. 70)

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33 The Features of Manzil

Manzil is a proven recital for protection from magic, evil Jinns and other dangers. Shah Waliyullah Muhaddis Dehlvi says in his *Al-Qaulul Jāmeel* that these are thirty-three Ayats which dispel magic through which one gets protection from the dangers of evil Jinns, Satans, thieves and wild animals.

Maulana Ashraf Ali Thanvi says, "If there is suspicion of *Aseb* (Evil sprits etc.), then blow it over water and water is splashed over the effected person. If a house is possessed, then it is blown over water and this water is scattered in all the four corners of the house.

MANZIL

(Recite once)

بِسْمِ اللّٰهِ الرَّحْمٰنِ الرَّحِيْمِ ۝

اَلْحَمْدُ لِلّٰهِ رَبِّ الْعٰلَمِيْنَ ۝ الرَّحْمٰنِ الرَّحِيْمِ ۝

مٰلِكِ يَوْمِ الدِّيْنِ ۝ اِيَّاكَ نَعْبُدُ وَاِيَّاكَ

نَسْتَعِيْنُ ۝ اِهْدِنَا الصِّرَاطَ الْمُسْتَقِيْمَ ۝

صِرَاطَ الَّذِيْنَ اَنْعَمْتَ عَلَيْهِمْ ۝ غَيْرِ

الْمَغْضُوْبِ عَلَيْهِمْ وَلَا الضَّآلِّيْنَ ۝

بِسْمِ اللّٰهِ الرَّحْمٰنِ الرَّحِيْمِ ۝

الٓمّٓ ۝ ذٰلِكَ الْكِتٰبُ لَا رَيْبَ فِيْهِ

● It is narrated in a Hadith, the Prophet (peace be upon him) said, "Surah Fatiha has *Shifa* (Medicinal effect) for all diseases (either physi al or spiritual)." (Darmi, Baihaqi) It is recommended nis Hadith to recite Surah Fatiha and blow it over the ill person.

هُدًى لِّلْمُتَّقِيْنَ ۙ الَّذِيْنَ يُؤْمِنُوْنَ بِالْغَيْبِ
وَيُقِيْمُوْنَ الصَّلٰوةَ وَمِمَّا رَزَقْنٰهُمْ يُنْفِقُوْنَ ۙ
وَالَّذِيْنَ يُؤْمِنُوْنَ بِمَآ اُنْزِلَ اِلَيْكَ وَمَآ اُنْزِلَ
مِنْ قَبْلِكَ ۚ وَبِالْاٰخِرَةِ هُمْ يُوْقِنُوْنَ ۗ
اُولٰٓئِكَ عَلٰى هُدًى مِّنْ رَّبِّهِمْ ۙ وَاُولٰٓئِكَ
هُمُ الْمُفْلِحُوْنَ [1] ○ وَاِلٰهُكُمْ اِلٰهٌ وَّاحِدٌ ۚ [2]
لَآ اِلٰهَ اِلَّا هُوَ الرَّحْمٰنُ الرَّحِيْمُ ○ اَللّٰهُ لَآ اِلٰهَ

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[1] The Holy Prophet said to Abdullah Ibn Masood that there are ten Ayats in Surah Baqarah such that if any person who recites them, Satan and Jinns will not enter in his house and he and his family will be safeguarded from all kind of difficulties and diseases, and if these Ayats is blown over a insane person he will get right. These ten Ayats are four Ayats of the beginning, three Ayats from the middle *i.e.*, Ayatul Kursi and its following two Ayats and the last three Ayats of Surah Baqarah. (Ma'ariful Qur'an)

[2] This Ayat reveals the meaning of *Tauheed* (Monotheism). Its content is *Tauheed* upon which the whole of *Deen* (Religion) is based.

إِلَّا هُوَ ۚ الْحَيُّ الْقَيُّومُ ۚ لَا تَأْخُذُهُ سِنَةٌ
وَلَا نَوْمٌ ۚ لَهُ مَا فِي السَّمٰوٰتِ وَمَا فِي الْأَرْضِ ۗ
مَنْ ذَا الَّذِي يَشْفَعُ عِنْدَهُ إِلَّا بِإِذْنِهِ ۚ يَعْلَمُ
مَا بَيْنَ أَيْدِيهِمْ وَمَا خَلْفَهُمْ ۖ وَلَا يُحِيطُونَ
بِشَيْءٍ مِنْ عِلْمِهِ إِلَّا بِمَا شَاءَ ۚ وَسِعَ كُرْسِيُّهُ
السَّمٰوٰتِ وَالْأَرْضَ ۖ وَلَا يَئُودُهُ حِفْظُهُمَا ۚ
وَهُوَ الْعَلِيُّ الْعَظِيمُ ○ لَا إِكْرَاهَ فِي الدِّينِ ۖ
قَدْ تَبَيَّنَ الرُّشْدُ مِنَ الْغَيِّ ۚ فَمَنْ يَكْفُرْ
بِالطَّاغُوتِ وَيُؤْمِنْ بِاللَّهِ فَقَدِ اسْتَمْسَكَ
بِالْعُرْوَةِ الْوُثْقَىٰ لَا انْفِصَامَ لَهَا ۗ وَاللَّهُ سَمِيعٌ
عَلِيمٌ ○ اللَّهُ وَلِيُّ الَّذِينَ آمَنُوا يُخْرِجُهُمْ
مِنَ الظُّلُمٰتِ إِلَى النُّورِ ۖ وَالَّذِينَ كَفَرُوا
أَوْلِيَاؤُهُمُ الطَّاغُوتُ يُخْرِجُونَهُمْ مِنَ النُّورِ

إِلَى الظُّلُمٰتِ ۗ أُولٰٓئِكَ أَصْحٰبُ النَّارِ ۚ هُمْ فِيهَا خٰلِدُونَ ○ لِلّٰهِ مَا فِي السَّمٰوٰتِ وَمَا فِي الْأَرْضِ ۗ وَإِنْ تُبْدُوا مَا فِي أَنْفُسِكُمْ أَوْ تُخْفُوهُ يُحَاسِبْكُمْ بِهِ اللّٰهُ ۖ فَيَغْفِرُ لِمَنْ يَشَآءُ وَيُعَذِّبُ مَنْ يَشَآءُ ۗ وَاللّٰهُ عَلٰى كُلِّ شَيْءٍ قَدِيرٌ ○ آمَنَ الرَّسُولُ ❶ بِمَآ أُنْزِلَ إِلَيْهِ مِنْ رَبِّهِ وَالْمُؤْمِنُونَ ۚ كُلٌّ آمَنَ بِاللّٰهِ وَمَلٰٓئِكَتِهِ وَكُتُبِهِ وَرُسُلِهِ قف لَا نُفَرِّقُ بَيْنَ أَحَدٍ مِنْ رُسُلِهِ قف وَقَالُوا سَمِعْنَا وَأَطَعْنَا ق غُفْرَانَكَ رَبَّنَا وَإِلَيْكَ الْمَصِيرُ ○ لَا يُكَلِّفُ

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❶ It is narrated in a Hadith that the Prophet (peace be upon him) said that Allah has concluded Surah Baqarah on those two Ayats which has been revealed upon me from the treasury situated below the heavens. Therefore, do learn these verses and teach them to your women and children.

(Mustadrak Hakim, Baihaqi)

اللّٰهُ نَفْسًا اِلَّا وُسْعَهَا ۭ لَهَا مَا كَسَبَتْ وَعَلَيْهَا

مَا اكْتَسَبَتْ ۭ رَبَّنَا لَا تُؤَاخِذْنَآ اِنْ نَّسِيْنَآ

اَوْ اَخْطَاْنَا ۚ رَبَّنَا وَلَا تَحْمِلْ عَلَيْنَآ اِصْرًا

كَمَا حَمَلْتَهٗ عَلَى الَّذِيْنَ مِنْ قَبْلِنَا ۚ

رَبَّنَا وَلَا تُحَمِّلْنَا مَا لَا طَاقَةَ لَنَا بِهٖ ۚ

وَاعْفُ عَنَّا وقفة وَاغْفِرْ لَنَا وقفة وَارْحَمْنَا وقفة اَنْتَ

مَوْلٰىنَا فَانْصُرْنَا عَلَى الْقَوْمِ الْكٰفِرِيْنَ ۝

(1) شَهِدَ اللّٰهُ اَنَّهٗ لَآ اِلٰهَ اِلَّا هُوَ ۙ وَالْمَلٰۗىِٕكَةُ

وَاُولُوا الْعِلْمِ قَاۗىِٕمًۢا بِالْقِسْطِ ۭ لَآ اِلٰهَ اِلَّا

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(1) It is narrated by Abu Ayyub Ansari (R.A.) that the Prophet (peace be upon him) said whoever would recite Ayatul Kursi and the verse from اللّٰهُمَّ مٰلِكَ الْمُلْكِ to بِغَيْرِ حِسَابٍ after every Salah, Allah will forgive his all sins and he will be entered in Paradise and his seventy desires will be fulfilled and the least of these desire is forgiveness for him.

(Roohul Ma'ani)

هُوَ الْعَزِيْزُ الْحَكِيْمُ ○ قُلِ اللّٰهُمَّ مٰلِكَ
الْمُلْكِ تُؤْتِی الْمُلْكَ مَنْ تَشَآءُ وَتَنْزِعُ
الْمُلْكَ مِمَّنْ تَشَآءُ ز وَتُعِزُّ مَنْ تَشَآءُ
وَتُذِلُّ مَنْ تَشَآءُ ط بِيَدِكَ الْخَيْرُ ط اِنَّكَ
عَلٰی كُلِّ شَیْءٍ قَدِيْرٌ ○ تُوْلِجُ الَّيْلَ فِی
النَّهَارِ وَتُوْلِجُ النَّهَارَ فِی الَّيْلِ ز وَتُخْرِجُ
الْحَیَّ مِنَ الْمَيِّتِ وَتُخْرِجُ الْمَيِّتَ مِنَ
الْحَیِّ ز وَتَرْزُقُ مَنْ تَشَآءُ بِغَيْرِ حِسَابٍ ○
اِنَّ رَبَّكُمُ اللّٰهُ الَّذِیْ [1] خَلَقَ السَّمٰوٰتِ
وَالْاَرْضَ فِیْ سِتَّةِ اَيَّامٍ ثُمَّ اسْتَوٰی
عَلَی الْعَرْشِ قف يُغْشِی الَّيْلَ النَّهَارَ يَطْلُبُهٗ

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[1] These three verses from اِنَّ رَبَّكُمُ اللّٰهُ to مُحْسِنِيْنَ are proven remedy for distress and difficulties.

حَثِيْثًا لا وَّالشَّمْسَ وَالْقَمَرَ وَالنُّجُوْمَ
مُسَخَّرَاتٍۭ بِاَمْرِهٖ ط اَلَا لَهُ الْخَلْقُ وَالْاَمْرُ ط
تَبَارَكَ اللّٰهُ رَبُّ الْعٰلَمِيْنَ ○ اُدْعُوْا رَبَّكُمْ
تَضَرُّعًا وَّخُفْيَةً ط اِنَّهٗ لَا يُحِبُّ الْمُعْتَدِيْنَ ○
وَلَا تُفْسِدُوْا فِي الْاَرْضِ بَعْدَ اِصْلَاحِهَا
وَادْعُوْهُ خَوْفًا وَّطَمَعًا ط اِنَّ رَحْمَتَ اللّٰهِ
قَرِيْبٌ مِّنَ الْمُحْسِنِيْنَ ○ قُلِ ادْعُوا [1]
اللّٰهَ اَوِادْعُوا الرَّحْمٰنَ ط اَيًّا مَّا تَدْعُوْا
فَلَهُ الْاَسْمَآءُ الْحُسْنٰى ج وَلَا تَجْهَرْ
بِصَلَاتِكَ وَلَا تُخَافِتْ بِهَا وَابْتَغِ بَيْنَ
ذٰلِكَ سَبِيْلًا ○ وَقُلِ الْحَمْدُ لِلّٰهِ الَّذِيْ

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[1] Abu Musa Ash'ari (R.A.) narrated that the Prophet (peace be upon him) said, 'Whoever recites in the morning and in the evening these verses قُلِ ادْعُوا اللّٰهَ till last of the Surah, then his heart will not become dead on that day and night.' (Deilami)

لَمْ يَتَّخِذْ وَلَدًا وَّلَمْ يَكُنْ لَّهٗ شَرِيْكٌ
فِي الْمُلْكِ وَلَمْ يَكُنْ لَّهٗ وَلِيٌّ مِّنَ
الذُّلِّ وَكَبِّرْهُ تَكْبِيْرًا ۝ [1] اَفَحَسِبْتُمْ اَنَّمَا
خَلَقْنٰكُمْ عَبَثًا وَّاَنَّكُمْ اِلَيْنَا لَا تُرْجَعُوْنَ ۝
فَتَعٰلَى اللّٰهُ الْمَلِكُ الْحَقُّ ۚ لَآ اِلٰهَ اِلَّا
هُوَ ۚ رَبُّ الْعَرْشِ الْكَرِيْمِ ۝ وَمَنْ يَّدْعُ
مَعَ اللّٰهِ اِلٰهًا اٰخَرَ ۙ لَا بُرْهَانَ لَهٗ بِهٖ ۙ فَاِنَّمَا
حِسَابُهٗ عِنْدَ رَبِّهٖ ۗ اِنَّهٗ لَا يُفْلِحُ الْكٰفِرُوْنَ ۝
وَقُلْ رَّبِّ اغْفِرْ وَارْحَمْ وَاَنْتَ خَيْرُ الرّٰحِمِيْنَ ۝

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[1] Muhammad bin Ibrahim Taimi narrates from his father: The Prophet (peace be upon him) sent us with troops and told us to recite the verses اَفَحَسِبْتُمْ اَنَّمَا خَلَقْنٰكُمْ in the beginning of the day and evening. So we recited them continuously. So we returned safe along with booty.

(Ibnus-Sunni)

بِسْمِ اللّٰهِ الرَّحْمٰنِ الرَّحِيْمِ

وَالصّٰفّٰتِ صَفًّا ۝ فَالزّٰجِرٰتِ زَجْرًا ۝ فَالتّٰلِيٰتِ ذِكْرًا ۝ اِنَّ اِلٰهَكُمْ لَوَاحِدٌ ۝ رَبُّ السَّمٰوٰتِ وَالْاَرْضِ وَمَا بَيْنَهُمَا وَرَبُّ الْمَشَارِقِ ۝ اِنَّا زَيَّنَّا السَّمَآءَ الدُّنْيَا بِزِيْنَةِ ۣ الْكَوَاكِبِ ۝ وَحِفْظًا مِّنْ كُلِّ شَيْطٰنٍ مَّارِدٍ ۝ لَا يَسَّمَّعُوْنَ اِلَى الْمَلَاِ الْاَعْلٰى وَيُقْذَفُوْنَ مِنْ كُلِّ جَانِبٍ ۝ دُحُوْرًا وَّلَهُمْ عَذَابٌ وَّاصِبٌ ۝ اِلَّا مَنْ خَطِفَ الْخَطْفَةَ فَاَتْبَعَهٗ شِهَابٌ ثَاقِبٌ ۝ فَاسْتَفْتِهِمْ اَهُمْ اَشَدُّ خَلْقًا اَمْ مَّنْ خَلَقْنَا ؕ اِنَّا خَلَقْنٰهُمْ مِّنْ طِيْنٍ لَّازِبٍ ۝

In these four Ayats (Verses) Allah has made witness to angels that He is the real God to be worshipped. In the following verses there are arguments related to *Tauheed* (Monotheism). (Ma'ariful Qur'an)

❶
يٰمَعْشَرَ الْجِنِّ وَالْاِنْسِ اِنِ اسْتَطَعْتُمْ
اَنْ تَنْفُذُوْا مِنْ اَقْطَارِ السَّمٰوٰتِ
وَالْاَرْضِ فَانْفُذُوْا لَا تَنْفُذُوْنَ اِلَّا بِسُلْطٰنٍ ○
فَبِاَيِّ اٰلَآءِ رَبِّكُمَا تُكَذِّبٰنِ ○ يُرْسَلُ
عَلَيْكُمَا شُوَاظٌ مِّنْ نَّارٍ ۙ وَّنُحَاسٌ فَلَا
تَنْتَصِرٰنِ ○ فَبِاَيِّ اٰلَآءِ رَبِّكُمَا تُكَذِّبٰنِ ○
فَاِذَا انْشَقَّتِ السَّمَآءُ فَكَانَتْ وَرْدَةً
كَالدِّهَانِ ○ فَبِاَيِّ اٰلَآءِ رَبِّكُمَا تُكَذِّبٰنِ ○
فَيَوْمَئِذٍ لَّا يُسْئَلُ عَنْ ذَنْۢبِهٖٓ اِنْسٌ وَّلَا جَآنٌّ ○
فَبِاَيِّ اٰلَآءِ رَبِّكُمَا تُكَذِّبٰنِ ○ لَوْ اَنْزَلْنَا هٰذَا
الْقُرْاٰنَ عَلٰى جَبَلٍ لَّرَاَيْتَهٗ خَاشِعًا مُّتَصَدِّعًا
مِّنْ خَشْيَةِ اللّٰهِ ۭ وَتِلْكَ الْاَمْثَالُ نَضْرِبُهَا

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❶ These three verses are famous and proven remedy for distress and difficulties.

لِلنَّاسِ لَعَلَّهُمْ يَتَفَكَّرُوْنَ ○ هُوَاللّٰهُ الَّذِىْ لَآ
اِلٰهَ اِلَّا هُوَ ج عٰلِمُ الْغَيْبِ وَالشَّهَادَةِ ج هُوَ
الرَّحْمٰنُ الرَّحِيْمُ ○ هُوَاللّٰهُ الَّذِىْ لَآ اِلٰهَ
اِلَّا هُوَ ج اَلْمَلِكُ الْقُدُّوْسُ السَّلٰمُ الْمُؤْمِنُ
الْمُهَيْمِنُ الْعَزِيْزُ الْجَبَّارُ الْمُتَكَبِّرُ ط
سُبْحَانَ اللّٰهِ عَمَّا يُشْرِكُوْنَ ○ هُوَاللّٰهُ الْخَالِقُ
الْبَارِئُ الْمُصَوِّرُ لَهُ الْاَسْمَآءُ الْحُسْنٰى يُسَبِّحُ لَهٗ مَا
فِى السَّمٰوٰتِ وَالْاَرْضِ ج وَهُوَ الْعَزِيْزُ الْحَكِيْمُ ○

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(1) Ma'qal bin Yasar (R. A.) narrated from the Prophet (peace be upon him) that whoever recites thrice

اَعُوْذُ بِاللّٰهِ السَّمِيْعِ الْعَلِيْمِ مِنَ الشَّيْطٰنِ الرَّجِيْمِ

in the morning and then the last verses of Surah Hashr, Allah deploys seventy thousands of angels for him who pray for his forgiveness and if he dies on that day he will be granted the status of *Shaheed* (Martyr) and whoever recites this in the evening, he will get the same reward.

(Tafsir-e-Mazhari: reported by Tirmidhi)

بِسْمِ اللّٰهِ الرَّحْمٰنِ الرَّحِيْمِ ○

❶ قُلْ اُوْحِيَ اِلَيَّ اَنَّهُ اسْتَمَعَ نَفَرٌ مِّنَ الْجِنِّ فَقَالُوْٓا اِنَّا سَمِعْنَا قُرْاٰنًا عَجَبًا ○ يَّهْدِيْٓ اِلَى الرُّشْدِ فَاٰمَنَّا بِهٖ ○ وَلَنْ نُّشْرِكَ بِرَبِّنَآ اَحَدًا ○ وَّاَنَّهُ تَعٰلٰى جَدُّ رَبِّنَا مَا اتَّخَذَ صَاحِبَةً وَّلَا وَلَدًا ○ وَّاَنَّهُ كَانَ يَقُوْلُ سَفِيْهُنَا عَلَى اللّٰهِ شَطَطًا ○

بِسْمِ اللّٰهِ الرَّحْمٰنِ الرَّحِيْمِ ○

❷ قُلْ يٰٓاَيُّهَا الْكٰفِرُوْنَ ○ لَآ اَعْبُدُ مَا تَعْبُدُوْنَ ○

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❶ These three verses are famous and proven remedy for distress and difficulties.

❷ It is narrated by Jabeer bin Mut'im that the Prophet (peace be upon him) asked him, 'Do you want to be happier and growth in your sustenance than your companions in the journey?' He replied, 'Indeed, I want that'. He said, 'Recite the last five Surahs of the Qur'an *i.e.*, Surah Kafiroon, Surah Nasr, Surah Ikhlaas, Surah Falaq and Surah Naas. Begin every of these Surahs with *Bismillah* and end them on *Bismillah*.' (Tafsir-e-Mazhari)

In one narration Surah Kafiroon has been referred as one-fourth of the Qur'an. (Tirmidhi)

وَلَآ اَنْتُمْ عٰبِدُوْنَ مَآ اَعْبُدُ ۚ وَلَآ اَنَا عَابِدٌ مَّا عَبَدْتُّمْ ۙ وَلَآ اَنْتُمْ عٰبِدُوْنَ مَآ اَعْبُدُ ۗ لَكُمْ دِيْنُكُمْ وَلِيَ دِيْنِ ۚ

بِسْمِ اللّٰهِ الرَّحْمٰنِ الرَّحِيْمِ

قُلْ هُوَ اللّٰهُ اَحَدٌ ۚ اَللّٰهُ الصَّمَدُ ۚ لَمْ يَلِدْ ۙ وَلَمْ يُوْلَدْ ۙ وَلَمْ يَكُنْ لَّهٗ كُفُوًا اَحَدٌ ۚ

بِسْمِ اللّٰهِ الرَّحْمٰنِ الرَّحِيْمِ

قُلْ اَعُوْذُ بِرَبِّ الْفَلَقِ ۙ مِنْ شَرِّ مَا خَلَقَ ۙ

In one narration Surah Ikhlaas has been referred as two-third of the Qur'an.

It is narrated in long Hadith that Prophet (peace be upon him) said, 'Whoever recites Surah Ikhlaas and *Ma'oozatain* (Surah Falaq and Surah Naas) and they are enough for him. In another narration, 'They are enough to protect him from everything.'

وَمِنْ شَرِّ غَاسِقٍ إِذَا وَقَبَ ۝ وَمِنْ شَرِّ النَّفّٰثٰتِ فِى الْعُقَدِ ۝ وَمِنْ شَرِّ حَاسِدٍ إِذَا حَسَدَ ۝

بِسْمِ اللّٰهِ الرَّحْمٰنِ الرَّحِيْمِ ۝

قُلْ اَعُوْذُ بِرَبِّ النَّاسِ ۝ مَلِكِ النَّاسِ ۝ اِلٰهِ النَّاسِ ۝ مِنْ شَرِّ الْوَسْوَاسِ ۙ الْخَنَّاسِ ۝ الَّذِىْ يُوَسْوِسُ فِىْ صُدُوْرِ النَّاسِ ۝ مِنَ الْجِنَّةِ وَالنَّاسِ ۝ [1]

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[1] Imam Ahmed reported from Uqba bin Amir (R.A.) that the Prophet (peace be upon him) said, 'Let me tell you the three Surah which was revealed in Taurat, Injeel, Zabur and the Qur'an. And he further said that do not go to sleep until you recite these Surahs, they are Surah Ikhlaas and *Ma'oozatain* (Surah Falaq and Surah Naas). Uqba bin Amir (R.A.) says that he never missed recitation of these Surah since then. (Ibn Kathir)

34 **Recite third *Kalimah* 100 times**

سُبْحَانَ اللهِ وَالْحَمْدُ لِلّٰهِ وَلَآ اِلٰهَ اِلَّا اللهُ وَاللهُ اَكْبَرُ وَلَا حَوْلَ وَلَا قُوَّةَ اِلَّا بِاللهِ الْعَلِيِّ الْعَظِيْمِ

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35 **Recite 100 times *Istighfaar***

"اَسْتَغْفِرُ اللهَ الَّذِىْ لَآ اِلٰهَ اِلَّا هُوَ الْحَیُّ الْقَیُّوْمُ وَاَتُوْبُ اِلَیْهِ"

Or recite "اَللّٰهُمَّ اغْفِرْلِیْ"

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36 **Recite *Darood Shareef* 100 times**

It is better to recite *Darood-e-Ibraheem* which is recited in *Salah*. If somebody wanted to recite small *Darood*, recite the following *Darood*.

"اَللّٰهُمَّ صَلِّ عَلٰى مُحَمَّدِ النَّبِیِّ الْاُمِّیِّ بِعَدَدِ كُلِّ مَعْلُوْمٍ لَّكَ"

Customary Zikr during Night

37 Recite Surah Sajda once

38 Recite Surah Mulk once

Virtues: It is narrated by Abu Huraira (R.A.) that the Prophet (peace be upon him) said that:

1. There is a Surah of thirty verses in the Qur'an which intercede for the person who recites it until he is forgiven and that Surah is *Tabaarakalladhi* (Surah Mulk).

2. This Surah is in the heart of every *Momin* (the Faithful).

3. It is reported in another Hadith that whoever recites Surah Mulk and Surah Sajda in between Maghrib and Isha, he will get the reward of doing *Qayam* (Standing for prayer) in the night of *Lailatul Qadr*.

4. It is narrated that seventy virtues are written and seventy mistakes are eliminated in favour of a person who recites it.

5. It is narrated that those who recites these Surahs rewarded equal to the reward of *Lailatul Qadr*.

6. Whoever recites these Surahs daily, he will protected from the torment of grave. (Hakim)

7. The Prophet (peace be upon him) used to recite these two Surah before going to sleep.

(Tirmidhi, Hisne Haseen, p. 62)

39 Recite Surah Waqia, there will be no starvation (Recite once)

Virtues: It is narrated by Ibn Masood (R.A.) that the Prophet (peace be upon him) said that:

1. Whoever recites Surah Waqia, he will never face starvation. And Ibn Masood used to recommend his daughters to recite this Surah.
2. The reciter of Surah Hadeed, Surah Waqia and Surah Rahman will named among the people living in *Jannatul Firdaus*.
3. It is narrated that Surah Waqia is *Ghani* (Rich), recite it yourself and recommend its recitation among your children.
4. Teach it to your wives.
5. Its recommendation has also been reported from *Ummul Momineen* Ayesha (R.A.).

(Fazail-e-Qur'an p. 53)

40 Recite MUNJIYAAT once in the evening

Note: Please refer to the section of **Invocations for the Morning** (Page No. 67 to 71).

The Prophetic remedy to become the one whose invocations are granted by Allah

(Recite 25 or 27 times)

"اَللّٰهُمَّ اغْفِرْ لِيْ وَلِلْمُؤْمِنِيْنَ وَالْمُؤْمِنَاتِ وَالْمُسْلِمِيْنَ وَالْمُسْلِمَاتِ"

Translation: O Allah! forgive me and all believing men and women, and Muslim men and women.

Virtue: It is narrated that whoever would ask for forgiveness for all believing men and women 25 or 27 times a day, he will included among those people whose invocation are granted by Allah, and people are given sustenance because of their invocations.

(Hisne Haseen p. 79)

Invocation to open the doors of heavens

(Recite once)

"اَللّٰهُ اَكْبَرُ كَبِيْرًا، وَالْحَمْدُ لِلّٰهِ كَثِيْرًا،

"وَسُبْحَانَ اللّٰهِ بُكْرَةً وَّاَصِيْلًا"

Translation: Allah is the Greatest, the Magnificent, all praises in enormous numbers are due to Allah. We state His Glory in the morning and in the evening.

Virtue: Imam Muslim reported that Abdullah bin Umar (R.A.) said, "Once we were offering Salah with Prophet (peace be upon him). One man among us said the above words (of invocation). The Prophet asked who said so and so words. One person said that it is me who said it. The Prophet said that I was surprised with those words as the doors of the heavens were opened for them. (Hisnul Muslim, p. 60)

Invocation for safeguarding oneself from the evil of Satan (Recite 10 times)

"اَعُوْذُ بِاللّٰهِ مِنَ الشَّيْطٰنِ الرَّجِيْمِ"

Translation: I seek refuge in Allah from Satan who is condemned.

Virtue: It is narrated in a Hadith that whoever

seeks Allah's refuge from Satan ten times a day, an angel will be deployed for him to save him from the evil of Satan. (Hisne Haseen, p. 79)

Invocation for increase in the wealth
(Recite once)

"اَللّٰهُمَّ صَلِّ عَلٰى مُحَمَّدٍ عَبْدِكَ وَرَسُوْلِكَ وَعَلَى الْمُؤْمِنِيْنَ وَالْمُؤْمِنَاتِ وَالْمُسْلِمِيْنَ وَالْمُسْلِمَاتِ"

__Translation__: O Allah! send mercy on Your slave and Your Prophet and on all believing men and women and Muslim men and women.

Virtue: Whoever wants increase in his wealth, should recite this *Darood*. (Hisne Haseen, p. 220)

Another way of doing *Hamd* (Praising Allah) and *Darood* (Recite once)

"اَللّٰهُمَّ لَكَ الْحَمْدُ كَمَآ اَنْتَ اَهْلُهٗ فَصَلِّ وَسَلِّمْ عَلٰى سَيِّدِنَا مُحَمَّدٍ

كَمَا اَنْتَ اَهْلُهٗ وَافْعَلْ بِنَا مَا اَنْتَ اَهْلُهٗ فَاِنَّكَ اَهْلُ التَّقْوٰى وَاَهْلُ الْمَغْفِرَةِ"

Translation: All praises are only due to Allah, those praises that suit His status. (O Allah) send Your mercy and peace upon our leader Muhammad, send that much which suit Your status. Indeed, You are Worthy of to be feared and You are only one who forgives.

Recite the following invocation 3 times, your all sins will be forgiven

"اَللّٰهُمَّ مَغْفِرَتُكَ اَوْسَعُ مِنْ ذُنُوْبِيْ وَرَحْمَتُكَ اَرْجٰى عِنْدِيْ مِنْ عَمَلِيْ"

Translation: O Allah! Your Forgiveness is more comprehensive than my sins, and I expect from Your Forgiveness more than what I

practice (*i.e.*, doing acts of worship and good deeds).

Virtue: A person came to the Prophet (peace be upon him) and exclaimed twice or thrice, 'Alas my sins, Alas my sins'. The Prophet (peace be upon him) said, 'Say

"اَللّٰهُمَّ مَغْفِرَتُكَ اَوْسَعُ مِنْ ذُنُوْبِيْ وَرَحْمَتُكَ اَرْجٰى عِنْدِيْ مِنْ عَمَلِيْ"

(O Allah! Your Forgiveness is more comprehensive than my sins, and I expect from Your Forgiveness more than what I practice).

He said so. The Prophet asked him to say it second time and he did so. The Prophet asked him to say it third time and he did so. The Prophet said to him, 'Stand up, you have been pardoned'. (Hayatus Sahaba, 3/350)

Invocation for removing poverty and destitution (Recite once)

"تَوَكَّلْتُ عَلَى الْحَيِّ الَّذِيْ لَا يَمُوْتُ"

اَلْحَمْدُ لِلّٰهِ الَّذِیْ لَمْ یَتَّخِذْ وَلَدًا وَّلَمْ یَكُنْ لَّهٗ شَرِیْكٌ فِی الْمُلْكِ وَلَمْ یَكُنْ لَّهٗ وَلِیٌّ مِّنَ الذُّلِّ وَكَبِّرْهُ تَكْبِیْرًا۔

Translation: I believe in and put my hopes in the Ever-living entity Who is never going to die. All praises be to Allah Who neither begets nor is there anyone who is partner in His regime. He does not need any partner to assist Him, as He is not weak. Shower high praises on Him.

Virtue: Abu Huraira (R.A.) narrated that once I went out with the Prophet (peace be upon him) with my hand in his hand. The Prophet was passed by a person who was in utter destitution. The Prophet asked the reason of his condition. He replied that poverty and destitution had made me so. The Prophet said, 'I will tell you some words, if you recite them your disease and poverty will diminish. (Those words were the above mentioned invocation.) After sometime when the Prophet revisited that place, he found him in better condition and this made the

Prophet glad. He said to the Prophet that he was reciting those words with punctuality since the time when the Prophet taught him.

(Ma'ariful Qur'an 5/531, Bikhre Moti 1/89 - 90)

Remedy to save oneself from sins

(Recite 10 times)

Surah Ikhlaas

بِسْمِ اللّٰهِ الرَّحْمٰنِ الرَّحِيْمِ

قُلْ هُوَ اللّٰهُ اَحَدٌ ۚ ﴿١﴾ اَللّٰهُ الصَّمَدُ ۚ ﴿٢﴾ لَمْ يَلِدْ ۙ وَلَمْ يُوْلَدْ ۙ ﴿٣﴾ وَلَمْ يَكُنْ لَّهٗ كُفُوًا اَحَدٌ ﴿٤﴾

Translation:

In the name of Allah, the Most Beneficial, the Most Merciful.

1. Say: He is Allah, the One and Only; **2.** Allah, the Eternal, Absolute; **3.** He begets not, nor is He begotten; **4.** And there is none like unto Him.

Virtue: Hazrat Ali (R.A.) said that whoever would recite Surah Ikhlaas ten times after Fajr Salah, he will be safeguarded from sins, for whatever the Satan forces him to commit so.

(Bikhre Moti, 3/50)

AYAAT-E-SAKINA

Recite these Ayats for peace and tranquillity of mind and blow it over the person

(1) وَقَالَ لَهُمْ نَبِيُّهُمْ اِنَّ اٰيَةَ مُلْكِهٖٓ اَنْ يَّاْتِيَكُمُ التَّابُوْتُ فِيْهِ سَكِيْنَةٌ مِّنْ رَّبِّكُمْ وَبَقِيَّةٌ مِّمَّا تَرَكَ اٰلُ مُوْسٰى وَاٰلُ هٰرُوْنَ تَحْمِلُهُ الْمَلٰٓئِكَةُ ؕ اِنَّ فِيْ ذٰلِكَ لَاٰيَةً لَّكُمْ اِنْ كُنْتُمْ مُّؤْمِنِيْنَ ۝ البقرة ٢٤٨

__Translation__: And (further) their Prophet said to them: "A Sign of his authority is that there shall come to you the Ark of the covenant, with (an assurance) therein of security from your Lord, and the relics left by the family of Moses and the family of Aaron, carried by angels. In this is a symbol for you if you indeed have faith."

(Surah Baqara: 248)

(2) ثُمَّ اَنْزَلَ اللّٰهُ سَكِيْنَتَهٗ عَلٰى رَسُوْلِهٖ وَعَلَى الْمُؤْمِنِيْنَ وَاَنْزَلَ جُنُوْدًا لَّمْ تَرَوْهَا وَعَذَّبَ الَّذِيْنَ كَفَرُوْا ؕ وَذٰلِكَ جَزَآءُ الْكٰفِرِيْنَ ○ التوبہ ٢٦

Translation: But Allah did pour His calm on the Messenger and on the Believers, and sent down forces which you saw not: He punished the Unbelievers; thus does He reward those without Faith. (Surah Tauba: 26)

(3) فَاَنْزَلَ اللّٰهُ سَكِيْنَتَهٗ عَلَيْهِ وَاَيَّدَهٗ بِجُنُوْدٍ لَّمْ تَرَوْهَا وَجَعَلَ كَلِمَةَ الَّذِيْنَ كَفَرُوا السُّفْلٰى ؕ وَكَلِمَةُ اللّٰهِ هِىَ الْعُلْيَا ؕ وَاللّٰهُ عَزِيْزٌ حَكِيْمٌ ○ التوبہ ٤٠

Translation: Then Allah sent down His peace upon him, and strengthened him with forces which you saw not, and humbled to the depths the word of the Unbelievers. But the word of Allah is exalted to the heights: for Allah is Exalted in might, Wise. (Surah Tauba: 40)

(4) هُوَ الَّذِىٓ اَنْزَلَ السَّكِيْنَةَ فِىْ قُلُوْبِ الْمُؤْمِنِيْنَ لِيَزْدَادُوْٓا اِيْمَانًا مَّعَ اِيْمَانِهِمْ ؕ وَلِلّٰهِ جُنُوْدُ السَّمٰوٰتِ وَالْاَرْضِ ؕ وَكَانَ اللّٰهُ عَلِيْمًا حَكِيْمًا ۝ الفتح ٤

Translation: It is He Who sent down tranquillity into the hearts of the Believers, that they may add faith to their faith; for to Allah belong the Forces of the heavens and the earth; and Allah is Full of Knowledge and Wisdom.

(Surah Fat-h: 4)

(5) لَقَدْ رَضِىَ اللّٰهُ عَنِ الْمُؤْمِنِيْنَ اِذْ يُبَايِعُوْنَكَ تَحْتَ الشَّجَرَةِ فَعَلِمَ

مَا فِيْ قُلُوْبِهِمْ فَاَنْزَلَ السَّكِيْنَةَ عَلَيْهِمْ وَاَثَابَهُمْ فَتْحًا قَرِيْبًا ۝ الفتح ١٨

Translation: Allah's Good Pleasure was on the Believers when they swore allegiance to you under the Tree: He knew what was in their hearts, and He sent down Tranquillity to them; and He rewarded them with a speedy Victory.

(Surah Fat-h: 18)

(6) اِذْ جَعَلَ الَّذِيْنَ كَفَرُوْا فِيْ قُلُوْبِهِمُ الْحَمِيَّةَ حَمِيَّةَ الْجَاهِلِيَّةِ فَاَنْزَلَ اللّٰهُ سَكِيْنَتَهٗ عَلٰى رَسُوْلِهٖ وَعَلَى الْمُؤْمِنِيْنَ وَاَلْزَمَهُمْ كَلِمَةَ التَّقْوٰى وَكَانُوْٓا اَحَقَّ بِهَا وَاَهْلَهَا ؕ وَكَانَ اللّٰهُ بِكُلِّ شَيْءٍ عَلِيْمًا ۝ الفتح ٢٦

Translation: While the Unbelievers got up in

their hearts heat and cant - the heat and cant of ignorance,- Allah sent down His Tranquillity to his Messenger and to the Believers, and made them stick close to the command of self-restraint; and well were they entitled to it and worthy of it. And Allah has full knowledge of all things. (Surah Fat-h: 26)

Invocation to get protection against all kinds of diseases, difficulties, and enemies, and for removal of debts (Recite once)

To get protection against all kinds of diseases, difficulties, and enemies, and for removal of debts, recite the above mentioned Ayats and wait until the order of Allah comes. اَلْحَمْدُ لِلّٰه the Ayats will show its effect at its due time. Recite only the Arabic texts during invocation.

The translation has been given for the understanding of the readers so that he could understand what he is saying.

Invocation to reform ownself and children

(Recite thrice)

رَبِّ اَوْزِعْنِیْٓ اَنْ اَشْکُرَ نِعْمَتَكَ الَّتِیْٓ اَنْعَمْتَ عَلَیَّ وَعَلٰی وَالِدَیَّ وَاَنْ اَعْمَلَ صَالِحًا تَرْضٰىهُ وَاَصْلِحْ لِیْ فِیْ ذُرِّیَّتِیْ ۚ اِنِّیْ تُبْتُ اِلَیْكَ وَاِنِّیْ مِنَ الْمُسْلِمِیْنَ ﴿۱۵﴾

(Surah Ahqaf: 15)

<u>Translation</u>: "O my Lord! Grant me that I may be grateful for Your favour which You has bestowed upon me, and upon both my parents, and that I may work righteousness such as You may approve; and be gracious to me in my issue. Truly I have turned to You and truly do I bow (to You) in Islam."

Invocation to live safe and sound till death

(Recite thrice)

فَاَقِمْ وَجْهَكَ لِلدِّیْنِ حَنِیْفًا ؕ فِطْرَتَ اللّٰهِ الَّتِیْ

فَطَرَ النَّاسَ عَلَيْهَا ۚ لَا تَبْدِيلَ لِخَلْقِ اللَّهِ ۚ
ذَٰلِكَ الدِّينُ الْقَيِّمُ ۙ وَلَٰكِنَّ أَكْثَرَ النَّاسِ لَا
يَعْلَمُونَ ﴿٣٠﴾

(Surah Rome: 30)

Translation: So you set your face steadily and truly to the faith: (establish) Allah's handwork according to the pattern on which He has made mankind: no change (let there be) in the work (wrought) by Allah: `that is the standard Religion: but most among mankind do not understand.

16 AYAAT FOR PROTECTION

اَعُوْذُ بِاللّٰهِ مِنَ الشَّيْطٰنِ الرَّجِيْمِ ○

بِسْمِ اللّٰهِ الرَّحْمٰنِ الرَّحِيْمِ ○

(1) وَلَا يَئُوْدُهٗ حِفْظُهُمَا ۚ وَهُوَ الْعَلِيُّ الْعَظِيْمُ ○

And He feels no fatigue in guarding and preserving them for He is the Most High, the Supreme (in glory). (Surah Baqara: 255)

(2) فَاللّٰهُ خَيْرٌ حَافِظًا وَّهُوَ اَرْحَمُ الرّٰحِمِيْنَ ○

But Allah is the best to take care (of him), and He is the Most Merciful of those who show mercy! (Surah Yusuf: 64)

(3) وَحِفْظًا مِّنْ كُلِّ شَيْطٰنٍ مَّارِدٍ ○

And for guard against all obstinate rebellious evil spirits. (Surah Saffat: 7)

(4) وَحِفْظًا ؕ ذٰلِكَ تَقْدِيْرُ الْعَزِيْزِ الْعَلِيْمِ ○

And (provided it) with guard. Such is the Decree of (Him) the Exalted in Might, Full of Knowledge. (Surah Fussilat: 12)

(5) وَحَفِظْنٰهَا مِنْ كُلِّ شَيْطٰنٍ رَّجِيْمٍ

And (moreover) We have guarded them from every cursed devil. (Surah Hijr: 17)

(6) اِنْ كُلُّ نَفْسٍ لَّمَّا عَلَيْهَا حَافِظٌ ○

There is no soul but has a protector over it.

(Surah Tariq: 4)

(7) بَلْ هُوَ قُرْاٰنٌ مَّجِيْدٌ ○ فِيْ لَوْحٍ مَّحْفُوْظٍ ○

Nay, this is a Glorious Qur'an, (inscribed) in a Tablet Preserved! (Surah Burooj: 21-22)

(8) وَيُرْسِلُ عَلَيْكُمْ حَفَظَةً ط

He sets guardian over you... (Surah Anaam: 61)

(9) اِنَّ رَبِّيْ عَلٰى كُلِّ شَيْءٍ حَفِيْظٌ ○

For my Lord has care and watch over all things.

(Surah Hud: 57)

(10) لَهُ مُعَقِّبٰتٌ مِّنْۢ بَيْنِ يَدَيْهِ وَمِنْ خَلْفِهٖ يَحْفَظُوْنَهٗ مِنْ اَمْرِ اللّٰهِ ؕ

For each (such person) there are (Angels) in succession, before and behind him: They guard him by command of Allah... (Surah Ra'd: 11)

(11) اِنَّا نَحْنُ نَزَّلْنَا الذِّكْرَ وَاِنَّا لَهٗ لَحٰفِظُوْنَ ۝

We have, without doubt, sent down the Message; and We will assuredly guard it (from corruption). (Surah Hijr: 9)

(12) وَكُنَّا لَهُمْ حٰفِظِيْنَ ۝

And it was We Who guarded them.

(Surah Ambiya: 82)

(13) وَرَبُّكَ عَلٰى كُلِّ شَيْءٍ حَفِيْظٌ ۝

And your Lord does watch over all things.

(Surah Saba: 21)

(14) اَللّٰهُ حَفِيْظٌ عَلَيْهِمْ وَمَآ اَنْتَ عَلَيْهِمْ بِوَكِيْلٍ ۝

Allah does watch over them; and you are not the disposer of their affairs! (Surah Shoora: 6)

(15) وَعِنْدَنَا كِتٰبٌ حَفِيْظٌ ۝

With Us is a record guarding (the full account). (Surah Qaaf: 4)

(16) وَاِنَّ عَلَيْكُمْ لَحٰفِظِيْنَ ۝

But verily over you (are appointed angels) to protect you. (Surah Infitar: 10)

Remedy from Qur'an for redemption from grief (Recite once)

لَآ اِلٰهَ اِلَّآ اَنْتَ سُبْحٰنَكَ ۖ اِنِّيْ كُنْتُ مِنَ الظّٰلِمِيْنَ ۝

(Surah Anbiya: 87)

__Translation__: There is no god but You: glory to

You: I was indeed wrong!

Virtues:

1. It is narrated by Sa'd bin Abi Waqqas (R.A.) that the Prophet (peace be upon him) had just mentioned about the best of the *Du'as* (Invocations), coincidentally, one Bedouin came and engaged him into discussion and took lot of time. (After some time) the Prophet stood up and took his way toward his home and I also followed him. When the Prophet reached near the house, I feared that he may enter into the house and I may remain as it, so I started walking with heavy foot. On noticing the sound of my foots, the Prophet asked, 'Who is there, Abu Ishaq?' I said, 'Yes'. He asked, 'What is the matter?' I said that you had mentioned about the best of the invocations but then that Bedouin engaged you. The Prophet said, 'Oh yes, it was the invocation that Zun-noon (Yunus (A.S) said when he was inside the stomach of the fish, *i.e.*,

لَآ إِلٰهَ إِلَّآ أَنتَ سُبْحٰنَكَ إِنِّي كُنتُ مِنَ الظّٰلِمِينَ ○

Listen, any Muslim who invokes Allah for

anything by this *du'a,* Allah will grant his wish.'

2. It is narrated in the book of Ibn Abi Hatim that whoever make *du'a* (Invocation) through the *du'a* of Yunus (peace be upon him), his *du'a* will surely be granted.

3. Abu Saeed (R.A.) says that after this verse, there is a statement of Allah that We help Believers in this way.

4. It is narrated by Ibn Jareer that the Prophet (peace be upon him) said that the Name of Allah through which if He is invoked, He accepts the invocation and grants what is asked for. That name is in the *du'a* of Yunus (peace be upon him).

5. Sa'd bin Abi Waqqas (R.A.) narrated that I asked the Prophet (peace be upon him) that whether the invocation of the Yunus (peace be upon him) was only for him or it is general for all Muslims who recite it. The Prophet (peace be upon him) said, 'Did you not read in the Qur'an that We gave him respite from grief and We give respite to the Believers in a similar

way.' Thus, whoever invokes Allah through those words, Allah has promised to grant his prayer.

6. It is narrated in Ibn Abi Hatim that Kathir bin Sa'eed said that I asked Imam Hasan Basari (A.R.), 'What is the *Isme Azam* (the Great Name) of Allah through which if He is requested to grant prayer, He grants it?' He said, 'Brother, did you not read the statement of Allah' and he recited the same two verses and said, 'My cousin, this is the same *Isme Azam* (the Great Name) of Allah through which if He is invoked, He accepts the prayer. And if He is asked for something, He grants it.

(Tafsir Ibn Kathir 3/395-396)

7. It is narrated in a Hadith that whoever recites the above mentioned Ayat 40 times during illness and if he is died in the state of illness, he will be rewarded with the status of forty martyrs and if he cures of his illness, his all sins will be forgiven.
(Hisne Haseen, p.241)

Points for *Shifa* (Healing)

- There are verses of *Shifa* (Remedy) for all diseases in the Book of Allah.
- Avail the verses of the Qur'an during illness.
- Have faith in verses of the Qur'an in restoring health.
- With the blessing of the Word of Allah, the health of ill person is restored.
- There is *Shifa* (Remedy) in the Word of Allah.
- One should not lose hope in the Mercy of Allah.
- Wellness should be cared and protected before the appearance of disease.
- Disease or recovery from illness is from Allah.
- The *Kitab-e-Mubeen* (The Qur'an) has the remedy for all the diseases, whether apparent or hidden.

May Allah grant you an everlasting recovery of your health. Amen!

In the Name of Allah, the Most Beneficius, the Most Merciful

Read the verses of *Shifa* (Remedy), blow them over yourself and over water, drink the water and give it to others for drinking

AYAAT FOR SHIFA (Healing)

(Recite once)

First recite Surah Fatiha with Bismillah, then recite:

① وَيَشْفِ صُدُوْرَ قَوْمٍ مُّؤْمِنِيْنَ ۝

And (Allah will) heal the breasts of Believers.

(Surah Tauba: 14)

② يٰٓاَيُّهَا النَّاسُ قَدْ جَآءَتْكُمْ مَّوْعِظَةٌ مِّنْ رَّبِّكُمْ وَشِفَآءٌ لِّمَا فِى الصُّدُوْرِ وَ هُدًى وَّرَحْمَةٌ لِّلْمُؤْمِنِيْنَ ۝

O mankind! there has come to you a direction from your Lord and a healing for the (Diseases) in your hearts,– and for those who believe, a guidance and a Mercy. (Surah Yunus: 57)

③ يَخْرُجُ مِنْ بُطُوْنِهَا شَرَابٌ مُّخْتَلِفٌ اَلْوَانُهٗ فِيْهِ شِفَآءٌ لِّلنَّاسِ ؕ

There issues from within their bodies a drink of varying colours, wherein is healing for men.

(Surah Nahl: 69)

④ وَنُنَزِّلُ مِنَ الْقُرْاٰنِ مَا هُوَ شِفَآءٌ وَّرَحْمَةٌ لِّلْمُؤْمِنِيْنَ ۙ

We send down (stage by stage) in the Qur'an that which is a healing and a mercy to those who believe. (Surah Isra: 82)

⑤ وَاِذَا مَرِضْتُ فَهُوَ يَشْفِيْنِ ۙ

And when I am ill, it is He Who cures me.

(Surah Shuara: 80)

⑥ قُلْ هُوَ لِلَّذِيْنَ اٰمَنُوْا هُدًى وَّشِفَآءٌ ؕ

Say (O Muhammad): "It is a Guide and a Healing to those who believe;"

(Surah Fussilat: 44)

INVOCATION OF ANAS BIN MALIK (R.A.)

To get protection against assassination, oppression and other calamities

(Recite once)

بِسْمِ اللّٰهِ خَيْرِ الْاَسْمَآءِ بِسْمِ اللّٰهِ
الَّذِىْ لَا يَضُرُّ مَعَ اسْمِهٖ اَذًى
بِسْمِ اللّٰهِ الْكَافِىْ ؕ بِسْمِ اللّٰهِ
الْمُعَافِىْ بِسْمِ اللّٰهِ الَّذِىْ لَا يَضُرُّ
مَعَ اسْمِهٖ شَىْءٌ فِى الْاَرْضِ وَلَا فِى
السَّمَآءِ وَهُوَ السَّمِيْعُ الْعَلِيْمُ، بِسْمِ
اللّٰهِ عَلٰى نَفْسِىْ وَدِيْنِىْ بِسْمِ اللّٰهِ عَلٰى
اَهْلِىْ وَمَالِىْ بِسْمِ اللّٰهِ عَلٰى كُلِّ شَىْءٍ
اَعْطَانِيْهِ رَبِّىْ اَللّٰهُ اَكْبَرُ اَللّٰهُ اَكْبَرُ

اَللّٰهُ اَكْبَرُ اَعُوْذُ بِاللّٰهِ مِمَّآ اَخَافُ وَاَحْذَرُ اَللّٰهُ رَبِّيْ لَآ اُشْرِكُ بِهٖ شَيْئًا عَزَّ جَارُكَ وَجَلَّ ثَنَآءُكَ وَتَقَدَّسَتْ اَسْمَآءُكَ وَلَآ اِلٰـهَ غَيْرُكَ ○ اَللّٰهُمَّ اِنِّيْ اَعُوْذُ بِكَ مِنْ شَرِّ كُلِّ جَبَّارٍ عَنِيْدٍ وَّشَيْطَانٍ مَّرِيْدٍ وَّمِنْ شَرِّ قَضَآءِ السُّوْٓءِ وَمِنْ شَرِّ دَآبَّةٍ اَنْتَ اٰخِذٌۢ بِنَاصِيَتِهَا ۚ اِنَّ رَبِّيْ عَلٰى صِرَاطٍ مُّسْتَقِيْمٍ ○

Virtue: Anas bin Malik (R.A.) narrated: the Prophet (peace be upon him) taught me an invocation and said that whoever would recite it in the morning, nothing could dominate him *i.e.*, by the permission of Allah, no one could be able to cause him any physical or financial harm. (Shamail-e-Kubra, 2/280)

Invocation to remove distress and destitution (Recite 100 times)

Maulana Ilyas used to recommend his companions to recite this invocation between the Sunnats and Fardh of the Fajr Salah.

Imam Malik (A.R.) reported a narration from Ibn Umar (R.A.): One person came to the Prophet (peace be upon him) and said that the world has abandoned him. The Prophet said to him that why did he forget the *Salah* (Prayer) of angels and *Tasbih* (remembrance) of the creations. It is because of it they are getting sustenance. Recite this *Tasbih* 100 times at the time of dawn. The Prophet said that "World would come to him with humiliation". The man returned back. After sometime he reappeared and said, 'I have enough wealth that I am not able to take care of it.'

(Ziya-un-Nabi, 5/902)

RECITE THESE INVOCATIONS AFTER EVERY FARDH PRAYERS

1. **Recite once**

أَسْتَغْفِرُ اللّٰهَ، أَسْتَغْفِرُ اللّٰهَ، أَسْتَغْفِرُ اللّٰهَ

(Abu Dawood)

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2. **Recite once**

اَللّٰهُمَّ أَنْتَ السَّلَامُ وَمِنْكَ السَّلَامُ
تَبَارَكْتَ يَا ذَا الْجَلَالِ وَالْإِكْرَامِ

(Abu Dawood)

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3. **Recite once**

لَآ إِلٰهَ إِلَّا اللّٰهُ وَحْدَهُ لَا شَرِيْكَ لَهُ، لَهُ الْمُلْكُ
وَلَهُ الْحَمْدُ وَهُوَ عَلٰى كُلِّ شَيْءٍ قَدِيْرٌ، اَللّٰهُمَّ
لَا مَانِعَ لِمَآ أَعْطَيْتَ وَلَا مُعْطِيَ لِمَا مَنَعْتَ وَلَا يَنْفَعُ
ذَا الْجَدِّ مِنْكَ الْجَدُّ۔

(Bukhari, Muslim, Abu Dawood and Nasai)

4. **Recite once**

اَللّٰهُمَّ اَعِنِّيْ عَلٰى ذِكْرِكَ وَشُكْرِكَ وَحُسْنِ عِبَادَتِكَ.

(Abu Dawood, Nasai and Ibn Hibban)

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5. **Recite AYATUL KURSI once**

Virtue: (1) One would enter into paradise as soon as he dies. **(2)** Until the next prayer, you will be in protection of Allah.

(Kanzul Ummal 2/300, At-Targheeb 2/299, Hisne Haseen p. 216)

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6. **Recite Surah Ikhlaas, Surah Falaq and Surah Naas**

After Fajr prayer ____________ (Recite thrice)

After Zuhr prayer ____________ (Recite once)

After 'Asr prayer ____________ (Recite once)

After Maghrib prayer ____________ (Recite thrice)

After Isha prayer ____________ (Recite once)

(Abu Dawood 2/86, Nasai 3/68, Tirmidhi 2/8, Fat-hul Bari 9/62, Azkar-e-Nawawi p. 68)

7. Recite Surah Ikhlaas 10 times

Virtue: **(1)** Enter *Jannah* from any of its entrance. **(2)** Marry any *Hoor* (Houri) in the *Jannah*.

(Tafsir Ibn Kathir 5/616)

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8. Recite once

لَآ اِلٰهَ اِلَّا اللّٰهُ وَحْدَهٗ لَا شَرِيْكَ لَهٗ، لَهُ الْمُلْكُ وَلَهُ الْحَمْدُ، وَهُوَ عَلٰى كُلِّ شَیْءٍ قَدِيْرٌ، لَاحَوْلَ وَلَا قُوَّةَ اِلَّا بِاللّٰهِ، لَآ اِلٰهَ اِلَّا اللّٰهُ وَلَا نَعْبُدُ اِلَّآ اِيَّاهُ، لَهُ النِّعْمَةُ، وَلَهُ الْفَضْلُ، وَلَهُ الثَّنَآءُ الْحَسَنُ، لَآ اِلٰهَ اِلَّا اللّٰهُ مُخْلِصِيْنَ لَهُ الدِّيْنَ وَلَوْ كَرِهَ الْكَافِرُوْنَ

(Muslim,and Abu Dawood)

9. Recite once

اَللّٰهُمَّ اِنِّيْ اَعُوْذُ بِكَ مِنَ الْجُبْنِ، وَاَعُوْذُ بِكَ مِنَ الْبُخْلِ، وَاَعُوْذُ بِكَ مِنْ اَرْذَلِ الْعُمُرِ وَاَعُوْذُ بِكَ مِنْ فِتْنَةِ الدُّنْيَا وَعَذَابِ الْقَبْرِ۔

(Bukhari and Tirmidhi)

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10. Recite سُبْحَانَ اللّٰهِ **(33 times),** اَلْحَمْدُ لِلّٰهِ **(33 times),** اَللّٰهُ اَكْبَرُ **(34 times) and recite once**

لَآ اِلٰهَ اِلَّا اللّٰهُ وَحْدَهٗ لَا شَرِيْكَ لَهٗ، لَهُ الْمُلْكُ وَلَهُ الْحَمْدُ وَهُوَ عَلٰى كُلِّ شَيْءٍ قَدِيْرٌ۔

Virtue: Whoever practise this *Zikr* (Remembrance) daily after Salah, his all sins will be forgiven even if they as numerous as foams of the ocean. (Muslim 1/418)

11. **Put your right hand over your forehead and recite the following invocation**

(Recite once)

بِسْمِ اللّٰهِ الَّذِىْ لَآ اِلٰهَ اِلَّا هُوَ الرَّحْمٰنُ الرَّحِيْمُ

اَللّٰهُمَّ اَذْهِبْ عَنِّى الْهَمَّ وَالْحُزْنَ۔

(*Amal Al-Yaum Wal Lailah* p. 101)

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12. **Recite once**

اَللّٰهُمَّ اغْفِرْ لِىْ ذَنْبِىْ وَوَسِّعْ لِىْ فِىْ دَارِىْ وَبَارِكْ لِىْ فِىْ رِزْقِىْ۔

Note: It is also correct to recite above mentioned invocation while doing *Wudhu* (ablution) and after the completion of Salah.

(Hayatus Sahaba 3/386; Amal Al-Yaum Wal Lailah, p. 80; Ibnus-Sunni, p. 30)

(This invocation is also present on Page No. 222 in *Hisne Haseen* with minor difference).

Humble Request

Take care of this book and when you have utilised it, passed it on to others. So that you may also get reward for their recitation.

I used to recite your book "Ad-Du'a (Devine Help)" but occasionally?

Q. I and my children read your book "Ad-Du'a (Devine Help)" without any gap but sometime, due to other engagements, we discontinue it. Can we recompense its reading at some other time?

Reply: Imam Nawawi (A.R.) in his book '*Al-Azkaar*' on page no. 70, says that if a person practices a daily *Wazifa* (daily recital) and sometime he missed it, then it is preferable that he could recompense it when ever he gets time and should not leave it. It is because when a person uses to practice *Wazifa*, he becomes accustomed to it. But when he starts leaving it occasionally, then there is a danger that his habit of *Wazifa* may get disturb: It is narrated by Umar bin Khattab (R.A.) that the Prophet (peace be upon him) said: Whoever went to sleep without completing his *Wazifa*, then he should complete it in between Fajr and Zuhr Salah, he will get the same reward as he had completed it in the same night.

(Muslim, 5/256)

Therefore it is recommended to continue your *Wazifa* in the morning and the evening.

Seeker of Allah's Pleasure

Mohammad Yunus Palanpuri

In the name of Allah, the Most Merciful, the Most Beneficent

Question 1: Is it permissible or not to read in a state of menstruation a book of Duas (Invocations) which contains the verses or Surahs (chapters) of the Qur'ān?
For example, in the books like Momin ka Hathiyar, Munajaat-e-Maqbool, Al Hizb al Azam, Manzil there are many Qur'ānic verses or Surahs like Ayat al Kursi, Surah Fatiha, Four Quls, etc. Can women in a state of menstruation read them?
Answer 1: It is permissible to read these verses and Surahs with the intention of Dua (Invocation); there is no abomination. However, it is not permissible to read them with the intention of recitation. And it is clear that these books are read as a matter of invocation and supplication only and not as recitation of the Qur'ān. Yes, 26 Surahs are read as recitation; so it is not permissible to read them in a state of menstruation.

(*Mustafad az Imdad al Fatawa Ahasan al Fatawa* 2/71)

Question 2: Is it permissible or not to take these books in one's hand without having ablution or in a state of menstruation?
Answer 1: It is permissible to take these books in one's hand without having ablution or in a state of menstruation. However, it is not permissible to touch the particular line or lines where the verse of the Qur'ān is printed; other lines may be touched

(*Imdad al Fatawa* 1/93)

Allah knows the best.

With Salaam,
(Mufti) Adam Sahib Palanpuri, 6 Shawwal 1430 H

Note: The above mentioned Fatwa is correct. I approve of them.
Seeker of Allah's Pleasure. Muhammad Yunus Palanpuri

خاموش فتنوں کا علاج، روزی میں برکت،

جادو اور جنات سے تحفظ کا مجرب تعویذ • ایک اللہ کی بندی کی طرف سے امت کو ہدیہ

بِسْمِ اللّٰهِ الرَّحْمٰنِ الرَّحِيْمِ

مَا شَاءَ اللّٰهُ لَا حَوْلَ وَلَا قُوَّةَ اِلَّا بِاللّٰهِ

اِنَّ اللّٰهَ هُوَ الرَّزَّاقُ ذُو الْقُوَّةِ الْمَتِيْنُ

اَعُوْذُ بِكَلِمَاتِ اللّٰهِ التَّامَّاتِ مِنْ شَرِّ مَا خَلَقَ

فَلَمَّا اَلْقَوْا قَالَ مُوْسٰى مَا جِئْتُمْ بِهِ السِّحْرُ اِنَّ اللّٰهَ سَيُبْطِلُهٗ اِنَّ اللّٰهَ لَا يُصْلِحُ عَمَلَ الْمُفْسِدِيْنَ۔

وَيُحِقُّ اللّٰهُ الْحَقَّ بِكَلِمٰتِهٖ وَلَوْ كَرِهَ الْمُجْرِمُوْنَ۔

يَاحَيُّ حِيْنَ لَاحَيَّ فِيْ دَيْمُوْمَةِ مُلْكِهٖ وَبَقَائِهٖ يَاحَيُّ

بِسْمِ اللّٰهِ الرَّحْمٰنِ الرَّحِيْمِ
اَلْحَمْدُ لِلّٰهِ رَبِّ الْعٰلَمِيْنَ الرَّحْمٰنِ الرَّحِيْمِ مٰلِكِ يَوْمِ الدِّيْنِ اِيَّاكَ نَعْبُدُ وَاِيَّاكَ نَسْتَعِيْنُ اِهْدِنَا الصِّرَاطَ الْمُسْتَقِيْمَ صِرَاطَ الَّذِيْنَ اَنْعَمْتَ عَلَيْهِمْ غَيْرِ الْمَغْضُوْبِ عَلَيْهِمْ وَلَا الضَّآلِّيْنَ

حضور کا خط سرکش جناتوں کے نام

بِسْمِ اللّٰهِ الرَّحْمٰنِ الرَّحِيْمِ هٰذَا كِتَابٌ مِنْ مُحَمَّدٍ رَسُوْلِ اللّٰهِ ...

بِسْمِ اللّٰهِ الرَّحْمٰنِ الرَّحِيْمِ
اَللّٰهُ لَا اِلٰهَ اِلَّا هُوَ الْحَيُّ الْقَيُّوْمُ لَا تَاْخُذُهٗ سِنَةٌ وَّلَا نَوْمٌ لَهٗ مَا فِي السَّمٰوٰتِ وَمَا فِي الْاَرْضِ مَنْ ذَا الَّذِيْ يَشْفَعُ عِنْدَهٗ اِلَّا بِاِذْنِهٖ يَعْلَمُ مَا بَيْنَ اَيْدِيْهِمْ وَمَا خَلْفَهُمْ وَلَا يُحِيْطُوْنَ بِشَيْءٍ مِّنْ عِلْمِهٖ اِلَّا بِمَا شَآءَ وَسِعَ كُرْسِيُّهُ السَّمٰوٰتِ وَالْاَرْضَ وَلَا يَـُٔوْدُهٗ حِفْظُهُمَا وَهُوَ الْعَلِيُّ الْعَظِيْمُ

بِسْمِ اللّٰهِ الرَّحْمٰنِ الرَّحِيْمِ
قُلْ اَعُوْذُ بِرَبِّ الْفَلَقِ مِنْ شَرِّ مَا خَلَقَ وَمِنْ شَرِّ غَاسِقٍ اِذَا وَقَبَ وَمِنْ شَرِّ النَّفّٰثٰتِ فِي الْعُقَدِ وَمِنْ شَرِّ حَاسِدٍ اِذَا حَسَدَ

بِسْمِ اللّٰهِ الرَّحْمٰنِ الرَّحِيْمِ
قُلْ اَعُوْذُ بِرَبِّ النَّاسِ مَلِكِ النَّاسِ اِلٰهِ النَّاسِ مِنْ شَرِّ الْوَسْوَاسِ الْخَنَّاسِ الَّذِيْ يُوَسْوِسُ فِيْ صُدُوْرِ النَّاسِ مِنَ الْجِنَّةِ وَالنَّاسِ

فَاللّٰهُ خَيْرٌ حٰفِظًا وَّهُوَ اَرْحَمُ الرّٰحِمِيْنَ — يَا حَفِيْظُ

نوٹ: یہ نقش کا تعلق رکھنے سے ہے، پڑھنے سے نہیں ہے